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ACC/AHA Guidelines for Exercise Testing: Executive Summary

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ACSM's Guidelines for Exercise Testing and Prescription is the flagship title from the American College of Sports Medicine, the prestigious organization that sets the standards for the exercise profession. This critical handbook delivers scientifically based standards on exercise testing and prescription to the certification candidate, the professional, and the student.

ACSM's Guidelines for Exercise Testing and Prescription ...

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zTermination Criteria. Ellstad Chapt 5 ACSM Chapt 3-6. Contra-indications, Risks, and Safety Precautions for Stress Testing. Data to Support Stress Testing. zSeattle Heart Watch Study.
• asymptomatic persons with 2 or more CAD risk factors have a 15 x greater risk of developing CAD zAmerican Heart Committee.
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