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We have all experienced fortuitous encounters - those moments in our lives - where a person, place or thing caused our lives to change in a more positive direction. This wise book will serve as a great companion to help you stay awake to the fortuitous people, places and things that ultimately shape your days and your life.

Challenges conventional views about standardized testing to argue that success is more determined by self-discipline, and describes the work of pioneering researchers and educators who have enabled effective new teaching methods.

"A necessary book for anyone truly interested in what we take from the sea to eat, and how, and why." —Sam Sifton, *The New York Times* Book Review
 Acclaimed author of *American Catch* and *The Omega Principle* and life-long fisherman, Paul Greenberg takes us on a journey, examining the four fish that dominate our menus: salmon, sea bass, cod, and tuna. Investigating the forces that get fish to our dinner tables, Greenberg reveals our damaged relationship with the ocean and its inhabitants. Just three decades ago, nearly everything we ate from the sea was wild. Today, rampant overfishing and an unprecedented biotech revolution have brought us to a point where wild and farmed fish occupy equal parts of a complex marketplace. *Four Fish* offers a way for us to move toward a future in which healthy and sustainable seafood is the rule rather than the exception.

Ever tried to learn Spanish and found it too hard? Bestselling language coach Paul Noble has a quick and easy way to get you back on track with his unique tried-and-tested method.

From the author of the forthcoming *4 3 2 1: A Novel* - a spare, powerful, intensely visionary novel about the bare-bones conditions of survival in a distant and unsettling

future, Anna Blume is on a mission in an unnamed city of chaos and disaster. Its destitute inhabitants scavenge garbage for food and shelter, no industry exists, and an elusive government provides nothing but corruption. Anna wades through the filth to find her long-lost brother, a one-time journalist who may or may not be alive. New York Times bestselling author Paul Auster (*The New York Trilogy*) shows us a disturbing Hobbesian society in this dystopian, post-apocalyptic novel.

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY *The New York Times* Book Review • *People* • NPR • *The Washington Post* • *Slate* • *Harper's Bazaar* • *Time Out New York* • *Publishers Weekly* • *BookPage* Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir
 At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When *Breath Becomes Air* chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future,

no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When *Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Placing a central focus on the concerns of students today, this text deals with important, timely topics such as intersectionality, transgender issues, sexualization, and objectification. It combines up-to-date research with an approachable and engaging writing style, while also providing students with hands-on exercises and thought-provoking debate topics. Flexible teaching resources support every kind of instructor's course.

'I was twelve years old the first time I walked on water . . .' So begins *Mr Vertigo*, the story of Walt, an irrepressible orphan from the Mid-West. Under the tutelage of the mesmerising Master Yehudi, Walt is taken back to the mysterious house on the plains to prepare not only for the ability to fly, but also for the stardom that will accompany it. At the same time a delighted race through 1920s Americana and a richly allusive parable, *Mr Vertigo* is a compelling, magical novel - a work of true originality by a writer at the height of his powers. 'A virtuoso piece of storytelling by a master of the modern American fable.' *The Independent*

One Dragon Egg Holds the Key to the Future. When Kale, a slave girl, finds a dragon egg, she is given the unexpected opportunity to become a servant to Paladin. But on her way to The Hall, where she was to be trained, Kale runs into danger. Rescued by a small band of Paladin's servants, Kale is turned from her destination. Feeling afraid and unprepared, Kale embarks on a perilous quest to find the meech dragon egg stolen by the foul Wizard Risto. But their journey is threatened when a key member of the party is captured, leaving the remaining companions to find the Wizard Fenworth, attempt an impossible rescue, and recover the egg--whose true value they have not begun to suspect. Weaving together memorable characters, daring adventure, and a core of eternal truth, *Dragonspell*--the first book in the *Dragon Keepers Chronicles*--is a finely crafted and welcome addition to the corpus of fantasy fiction.

Ignite your students' excitement about behavioral neuroscience with *Brain & Behavior: An Introduction to Behavioral Neuroscience, Fifth Edition* by best-selling author Bob Garrett and new co-author Gerald Hough. Garrett and Hough make the field accessible by inviting students to explore key theories and scientific discoveries using detailed illustrations and immersive examples as their guide. Spotlights on case studies, current events, and research findings help students make connections between the material and their own lives. A study guide, revised artwork, new animations, and an interactive eBook stimulate deep learning and critical thinking. A Complete Teaching & Learning Package Contact your rep to request a demo, answer your questions, and find the perfect combination of tools and resources below to fit your unique course needs. SAGE Premium Video Stories of Brain & Behavior and Figures Brought to Life videos bring concepts to life through original animations and easy-to-follow narrations. Watch a sample. Interactive eBook Your students save when you bundle the print version with the Interactive eBook (Bundle ISBN: 978-1-5443-1607-9), which includes access to SAGE Premium Video and other multimedia tools. Learn more. SAGE coursepacks SAGE coursepacks makes it easy to import our quality instructor and student resource content into your school's learning management system (LMS). Intuitive and simple to use, SAGE coursepacks allows you to customize course content to meet your students' needs. Learn more. SAGE edge This companion website offers both instructors and students a robust online environment with an impressive array of teaching and learn-

ing resources. Learn more. Study Guide The completely revised Study Guide offers students even more opportunities to practice and master the material. Bundle it with the core text for only \$5 more! Learn more.

Nathan Glass, a middle-aged man estranged from his friends and family, returns to Brooklyn hoping to mend his broken relationships and finally deal with the ghosts of his past.

Don't Leave On-the-Job Training to Chance People become experts at their job by learning while doing. But when your employees need to develop a new skill, how do you ensure they all receive the same experience if a trainer isn't leading and guiding them? Most on-the-job training programs leave learners to sink or swim with whomever is overseeing their work. One worker may excel with a mentor who allows her to take charge of what she learns--while a second may get someone who uses the opportunity to offload paperwork and other administrative tasks. *Learning While Working: Structuring Your On-the-Job Training* shows you how to provide the focus and direction needed to track on-the-job progress and build a pipeline of better-skilled workers. Author Paul Smith combines real insight into building a structured program for project managers at the Waldinger Corporation with in-depth interviews of experienced learning and development professionals. Discover how a well-designed structured on-the-job training program can be your company's talent development answer to a Swiss Army knife. This book doesn't prescribe a one-size-fits-all solution. Instead, it will help you prepare a tailored, sustainable structured on-the-job training program for your organization. Included are practical tips to set defined roles for the learner, mentor, and trainer; create a tracking tool to clearly document skill growth; and ensure organizational learning gets put to use.

Excel-erated Learning: Explaining in Clear English How Dogs Learn and How Best To Teach Them reveals the secret for increasing the speed and efficiency of dog training. With the freedom of understanding "how your dog learns" comes the ability of making the process easy, efficient and enjoyable for your dog.

A NOW READ THIS PBS NewsHour and New York Times Book Review selection From the New York Times best-selling author of *How Children Succeed* comes an essential handbook of successful strategies to help kids overcome issues, learn, and thrive in today's chaotic learning environments. In *How Children Succeed*, Paul Tough introduced us to research showing that person-

al qualities like perseverance, self-control, and conscientiousness play a critical role in children's success. Now, in *Helping Children Succeed, Tough* takes on a new set of pressing questions: What does growing up with economic and other stresses do to children's mental and physical development? How does adversity at home affect their success in the classroom, from preschool to high school? And what practical steps can the adults who are responsible for them take to improve their chances for a positive future? *Tough* once again encourages us to think in a new way about the challenges of childhood. Mining the latest research in psychology and neuroscience, he provides us with insights and strategies for a new approach to childhood adversity, one designed to help many more children succeed.

This National Book Award finalist is now in paperback. Growing up in foster care, Del pens a one-woman play about a Los Angeles traffic jam, providing readers with a backstage pass into a young playwright's psyche as her play parallels her own life.

"How Learning Happens introduces 28 giants of educational research and their findings on how we learn and what we need to learn effectively, efficiently and enjoyably. Many of these works have inspired researchers and teachers all around the world and have left a mark on how we teach today"--

This book reflects intersection between the lives, commitments, and strategies of two highly respected figures Dr. Paul Farmer and Fr. Gustavo Gutierrez joined in their option for the poor, their defense of life, and their commitment to liberation. Farmer has credited liberation theology as the inspiration for his effort to do "social justice medicine," while Gutierrez has recognized Farmer's work as particularly compelling example of the option for the poor, and the impact that theology can have outside the church. Draws on their respective writings, major addresses by both at Notre Dame, and a transcript of a dialogue between them.

INSTANT New York Times, Wall Street Journal, and USA Today Bestseller World-class pediatric surgeon, social scientist, and best-selling author of *Thirty Million Words* Dr. Dana Suskind returns with a revelatory new look at the neuroscience of early childhood development--and how it can guide us toward a future in which every child has the opportunity to fulfill their potential. Her prescription for this more prosperous and equitable future, as clear as it is powerful, is more robust support for parents during the most critical years of their children's development. In her poig-

nant new book, *Parent Nation*, written with award-winning science writer Lydia Denworth, Dr. Suskind helps parents recognize both their collective identity and their formidable power as custodians of our next generation. Weaving together the latest science on the developing brain with heart-breaking and relatable stories of families from all walks of life, Dr. Suskind shows that the status quo—scores of parents convinced they should be able to shoulder the enormous responsibility of early childhood care and education on their own—is not only unsustainable, but deeply detrimental to the wellbeing of children, families, and society. Anyone looking for a blueprint for how to build a brighter future for our children will find one in *Parent Nation*. Informed by the science of foundational brain development as well as history, political science, and the lived experiences of families around the country, this book clearly outlines how society can and should help families meet the developmental needs of their children. Only then can we ensure that all children are able to enjoy the promise of their potential.

Where exactly did personalized learning go so wrong? For teacher and consultant Paul France, at first technology-powered personalized learning seemed like a panacea. But after three years spent at a personalized learning start-up and network of microschoools, he soon realized that such corporate-driven individualized learning initiatives do more harm than good, especially among our most vulnerable students. The far-superior alternative? A human-centered pedagogy that prioritizes children over technology. First, let's be clear: Reclaiming Personalized Learning is not yet another ed tech book. Instead it's a user's guide to restoring equity and humanity to our classrooms and schools through personalization. One part polemical, eleven parts practical, the book describes how to: Shape whole-class instruction, leverage small-group interactions, and nurture a student's inner-dialogue Cultivate awareness within and among students, and build autonomy and authority Design curriculum with a flexible frame and where exactly the standards fit Humanize assessment and instruction, including the place of responsive teaching Create a sense of belonging, humanize technology integration, and effect socially just teaching and learning—all central issues in equity The truth is this: there's no one framework, there's no one tool that makes learning personalized—what personalized learning companies with a vested interest in profits might tempt you to believe. It's people who personalize learning, and people not technology must be at the center of education. The

time is now for all of us teachers to reclaim personalized learning, and this all-important book is our very best resource for getting started. "This is a compelling and critically important book for our time. With rich stories of teaching and learning Paul France considers ways to create the most positive learning experiences possible." - JO BOALER, Nomellini & Olivier Professor of Education, Stanford Graduate School of Education "This brilliant book is a major contribution to the re-imagination of learning and teaching for the twenty-first century and should be essential reading for new and experienced teachers alike." - TONY WAGNER, Senior Research Fellow, Learning Policy Institute "In these troubled times, this book is more than a breath of fresh air, it is a call to action. Paul gives us an accessible and sophisticated book that explains how and why we should celebrate the humanity of every single student." - JIM KNIGHT, Senior Partner of the Instructional Coaching Group (ICG) and Author of *The Impact Cycle*

This volume contains a collection of papers written by former students, postdoctoral fellows, and colleagues of Richard Thompson and represent written versions of papers presented at the *Festschrift* symposium. The *Festschrift* provided an excellent opportunity for the participants to recount their memories and experiences of working with one of the leading figures in behavioral neuroscience, and to place their current research in the context of earlier research conducted in the Thompson laboratory. As a *Festschrift* volume, the various chapters contain numerous and sometimes very personal references to Richard Thompson's influence on the careers of the authors, as well as summaries of past and present work being conducted in the authors' laboratories. Part I includes studies of spinal cord plasticity and the involvement of the hippocampus and related structure in classical eyeblink conditioning. Part II explores the critical role of the cerebellum and associated areas in classical eyeblink conditioning. Part III focuses on a continued exploration of the involvement of the cerebellum in classical eyeblink conditioning using standard procedures as well as innovative molecular biology and genetic techniques. It also includes studies aimed at delineating modulatory influences on learning such as stress and hormonal factors. The incredible influence that Richard Thompson has had on the fields of experimental psychology and neuroscience should be evident on reading the contributions made by the various authors to this volume. The research conducted in Thompson's laboratory over the years has been cutting-edge, comprehen-

sive, and influential. Therefore, this volume is dedicated to Richard F. Thompson a productive, innovative scientist and outstanding mentor.

Offering a variety of innovative teaching tools, *INTRODUCTION TO LEARNING AND BEHAVIOR*, 5th Edition provides a clear introduction to the principles of learning and behavior. Designed to strike a balance between basic principles and their practical application, it provides an engaging outline of the behavioral approach to psychology and its relevance for understanding and improving the world we live in. This edition includes a new emphasis on behavior self-management -- including an appendix on tactics of behavior self-management as well as Study Tip boxes advising students on a range of study behavior issues, from how to best read a textbook to the use of stimulus control procedures to increase concentration and reduce procrastination. Instructors who include self-management projects as a course assignment may particularly appreciate this material. As with past editions, numerous opportunities for review and self-testing help students maximize their understanding and retention. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This book helps readers release their genius -- their Natural Brilliance -- and use it to overcome barriers that have blocked them in the past. It frees readers to move in the direction accomplishing hopes and dreams. Paul R Scheele is a recognised authority in three leading edge technologies or human development: Accelerated Learning, Neruo-Linguistic Programming, and Preconscious Processing. As a result he is able to discover processes of the human brain and present them in an easy to understand fashion.

More and more we are challenged by today's learning environment -- students are different, digital tools are evolving, and instructors are continually asked to do more with less yet show greater results. With the creation of *Many Europes, Choice & Chance in Western Civilization*, an entirely integrated program, we recognize this changing environment and set out with the goal of better meeting the western civilization course challenges of improving student performance, critical analysis skills, and overall comprehension in a continually evolving teaching and learning environment. What does it mean -- integrated program? Rather than a traditional narrative text that then has ancillary support material or supplements tacked onto it, *Many Europes* was constructed as a program.

Each narrative section has clearly stated learning objectives that are tied to the digital tools which drive the program's assessment. A key tool in driving knowledge is McGraw-Hill's LearnSmart, an adaptive assessment tool, which has proven results of increasing student comprehension and overall course results. Yet, we realize that while history instructors want students to know basic historical facts, the actual goal of the course is improving student's critical thinking abilities. Our Critical Missions develop analysis skills through the examination of maps, primary sources and the completion of a written argument. In addition, several other assignment types within McGraw-Hill's Connect drive the development of analysis skills and are also tied directly to learning objectives. What do we mean by Choice? Unique to this program, *Many Europes* discusses European history as a series of choices within a set of historical circumstances, driving greater critical analysis as students realize that Europe's fate was never inevitable but instead was created by individuals with diverse voices and perspectives. Choice also means flexibility. *Many Europes*' flexible content including a customizable documents collection available as print or digital as well as many user options from a completely digital experience to a hybrid print and digital experience, or if you must, an all print experience. What do we mean by Chance? In history chance shows itself as a dropped letter, an unexpected storm, or surprise turn of events. Chance can also show itself as a new way, path, or direction that allows for the anticipation and expectation of something better. *Many Europes*' flexible content coupled with powerful digital learning tools and a customizable documents collection gives users an innovative choice for the teaching and learning of Western Civilization as well as a better chance for improved student results and course outcomes.

This is a frank, compassionate book written to those who contemplate suicide as a way out of their situations. The author issues an invitation to life, helping people accept the imperfections of their lives, and opening eyes to the possibilities of love.

In the world of dogs, there is now more awareness than ever of the need to provide enrichment, especially in shelters. But what exactly is enrichment? The concept is pretty straightforward: learn what your dog's needs are, and then structure an environment and routine that allows them to engage in behaviors they find enriching. To truly enrich your dog's life, you should offer them opportunities to engage in natural or instinctual behaviors. Aside from the

limitations we have to place on a dog in today's modern, busy world, the biggest constraint to enriching your dog's life is your imagination! What the experts say about *Canine Enrichment: Don't let the word "enrichment" in the title fool you into thinking that the scope of this book is too narrow or not something you will find valuable. It focuses comprehensively on meeting your dog's needs and is written in a holistic, science-based, practical, straightforward, and easy-to-understand way. I love this book!* Ken Ramirez, author of *Animal Training: Successful Animal Management Through Positive Reinforcement Canine Enrichment* is a deep dive into what dogs really need and how we can provide it. It's a great book for dog lovers who want to go beyond the standard superficialities of "dogs need exercise." Just the chapter on agency is worth the price of the book! Patricia McConnell, Ph.D., CAAB Emeritus, author of *The Other End of the Leash* and *The Education of Will* The scope of this book is ambitious and the authors deliver, navigating the subject of enrichment with depth and relevance. Caregivers will gain critically important perspectives and practical information to improve the lives of their animals. Susan G. Friedman, Ph.D., Professor Emeritus, Utah State University, and founder of Behavior Works, LLC

This book reviews how people and animals learn and how their behaviors are changed as a result of learning. It describes the most important principles, theories, controversies, and experiments that pertain to learning and behavior that are applicable to diverse species and different learning situations. Both classic studies and recent trends and developments are explored, providing a comprehensive survey of the field. Although the behavioral approach is emphasized, many cognitive theories are covered as well, along with a chapter on comparative cognition. Real-world examples and analogies make the concepts and theories more concrete and relevant to students. In addition, most chapters provide examples of how the principles covered have been applied in behavior modification and therapy. Thoroughly updated, each chapter features many new studies and references that reflect recent developments in the field. Learning objectives, bold-faced key terms, practice quizzes, a chapter summary, review questions, and a glossary are included. The volume is intended for undergraduate or graduate courses in psychology of learning, (human) learning, introduction to learning, learning processes, animal behavior, (principles of) learning and behavior, conditioning and learning, learning and motivation, experimental analysis of behavior, behaviorism,

and behavior analysis. Highlights of the new edition include: -A new text design with more illustrations, photos, and tables. -In the Media, Spotlight on Research, and Applying the Research boxes that highlight recent applications of learning principles in psychology, education, sports, and the workplace. -Discussions of recent developments in the growing field of neuroscience. - Coverage of various theoretical perspectives to the study of learning—behavioral, cognitive, and physiological. - Expanded coverage of emerging topics such as the behavioral economics of addictions, disordered gambling, and impulsivity. - New examples, references, and research studies to ensure students are introduced to the latest developments in the field. - A website at www.routledge.com/9781138689947 where instructors will find a test bank, Powerpoint slides, and Internet links. Students will find practice questions, definitions of key terms, chapter outlines, and Internet sources for additional information.

• New York Times bestseller • The 100 most substantive solutions to reverse global warming, based on meticulous research by leading scientists and policymakers around the world "At this point in time, the *Drawdown* book is exactly what is needed; a credible, conservative solution-by-solution narrative that we can do it. Reading it is an effective inoculation against the widespread perception of doom that humanity cannot and will not solve the climate crisis. Reported by-effects include increased determination and a sense of grounded hope." —Per Espen Stoknes, Author, *What We Think About When We Try Not To Think About Global Warming* "There's been no real way for ordinary people to get an understanding of what they can do and what impact it can have. There remains no single, comprehensive, reliable compendium of carbon-reduction solutions across sectors. At least until now. . . . The public is hungry for this kind of practical wisdom." —David Roberts, *Vox* "This is the ideal environmental sciences textbook—only it is too interesting and inspiring to be called a textbook." —Peter Kareiva, Director of the Institute of the Environment and Sustainability, UCLA In the face of widespread fear and apathy, an international coalition of researchers, professionals, and scientists have come together to offer a set of realistic and bold solutions to climate change. One hundred techniques and practices are described here—some are well known; some you may have never heard of. They range from clean energy to educating girls in lower-income countries to land use practices that pull carbon out of the air. The solutions exist, are economically viable, and

communities throughout the world are currently enacting them with skill and determination. If deployed collectively on a global scale over the next thirty years, they represent a credible path forward, not just to slow the earth's warming but to reach drawdown, that point in time when greenhouse gases in the atmosphere peak and begin to decline. These measures promise cascading benefits to human health, security, prosperity, and well-being—giving us every reason to see this planetary crisis as an opportunity to create a just and livable world.

Offers a practical guide for improving schools dramatically that will enable all students from all backgrounds to achieve at high levels. Includes assessment forms, an index, and a DVD.

Health Psychology is essential reading for all students and researchers of health psychology. Organized into four sections, the 6th edition is structured with a clear emphasis on theory and evidence throughout. This textbook maintains its popular and balanced approach between the biomedical and psychosocial model, while strengthening its focus on critical thinking and behaviour change. Key updates include:

- Learning objectives: Each chapter opens with a set of learning objectives, which clearly outlines the knowledge, understanding and skills you will acquire from each chapter.
- Case studies: Each chapter includes a case study to illustrate how the key theories and ideas are relevant to everyday life.
- Through the Eyes of Health Psychology: A brand new feature to show how a health psychologist might analyse each case study using the theories and concepts presented throughout the book.
- Health promotion: A whole chapter devoted to the theories and evidence relevant to behaviour change and includes a new section on integrated approaches and the drive to develop a new science of behaviour change.
- Thinking critically about: The process of thinking critically is introduced in the first chapter which describes how to think critically about theory, methods, measurement and research design. Each chapter has its own 'Thinking critically about ...' section at the end to highlight problems with specific theories and research areas. This section includes critical thinking questions and a 'Some problems with...' section to form the basis of class discussions and enable students to be more critical in their thinking and writing.

LEARNING AND BEHAVIOR, Seventh Edition, is stimulating and filled with high-interest queries and examples. Based on the theme that learning is a biological mech-

anism that aids survival, this book embraces a scientific approach to behavior but is written in clear, engaging, and easy-to-understand language. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. LANGUAGE SELF-STUDY TEXTS. Collins Italian with Paul Noble combines an exciting, new non-traditional approach to language learning with the easy, relaxed appeal of an audio-only product. No rote memorisation. No chance of failure. With Paul Noble, everyone really can speak a language. Listen to over 13 hours of audio on 12 CDs, then use the accompanying booklet as a reference and revision tool. A native-speaking Italian expert helps Paul to deliver the course and to perfect your pronunciation. There is also a free introductory DVD to give you an insight into how the Paul Noble method works. No complicated grammatical explanations, no rote memorisation, no writing - - no stress. Learn over 6,000 words in no time at all and -- most importantly -- learn how to make your new vocabulary work for you.

Rediscover the superpower that makes good things happen, from the professor behind Yale School of Management's most popular class "The new rules of persuasion for a better world."—Charles Duhigg, author of the bestsellers *The Power of Habit* and *Smarter Faster Better* You were born influential. But then you were taught to suppress that power, to follow the rules, to wait your turn, to not make waves. Award-winning Yale professor Zoe Chance will show you how to rediscover the superpower that brings great ideas to life. Influence doesn't work the way you think because you don't think the way you think. Move past common misconceptions—such as the idea that asking for more will make people dislike you—and understand why your go-to negotiation strategies are probably making you less influential. Discover the one thing that influences behavior more than anything else. Learn to cultivate charisma, negotiate comfortably and creatively, and spot manipulators before it's too late. Along the way, you'll meet alligators, skydivers, a mind reader in a gorilla costume, Jennifer Lawrence, Genghis Khan, and the man who saved the world by saying no. Influence Is Your Superpower will teach you how to transform your life, your organization, and perhaps even the course of history. It's an ethical approach to influence that will make life better for everyone, starting with you.

LEARNING AND BEHAVIOR: ACTIVE LEARNING EDITION, Sixth Edition, looks at learning as an evolutionary mechanism. Chance's book is stimulating, interactive, and filled with high-interest queries and examples. Based on the theme that learning is a biological mechanism that aids survival, this book embraces a scientific approach to behavior but is written in a lucid, clear language. The reconceived built-in workbook, which is included at the back of every text, has been pared down to be more approachable and less time-consuming for students, with a greater focus on the core concepts and vocabulary presented in the text. Probing essay questions and examples encourage students to draw connections between topics and apply the material to their own lives. Perforated pages allow professors to collect completed workbook assignments easily. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

"In some ways, shouldn't we always be teaching from a distance?" Paul France asks this not as pitch for distance learning. But because part of the reason distance learning has been so challenging, Paul asserts, is that we're replicating long-standing practices that promote dependent learning in our students. Why not use this unique moment of time to reconnect with the true purpose of teaching: to help our students become liberated learners and free thinkers? The next logical step in teachers' months-long distance learning "journey," *Humanizing Distance Learning* describes how to center humanity and equity in our process of reimagining learning. Even while teaching and learning miles apart through screens, you'll discover how to Build independence within your students so they're better equipped to tackle challenges with persistence and learn how to learn Make collaboration and human connection essential components of your pedagogy, offering students the chance to socialize and learn from one another Center and unpack students' identities, helping them develop a conscious knowledge of themselves, all the while using their self-identified strengths to overcome any obstacles Plan, prepare, and implement humanized instruction while teaching for student liberation—both digitally and in person. Investigate technology integration, including the Digital Divide, as well as ways to minimize EdTech integration so that our collective sense of humanity can continue to be front and center "The future," Paul writes, "may be unclear, the road may be rocky, and the story may continue to be long and winding as we

push forward through this global crisis. But the answer will always be simple: We must teach and learn in pursuit of a deeper sense of collective humanity—and for no other reason." "This book is equal parts visionary and practical, courageous and invitational. It addresses foundational needs and wrenching challenges teachers faced during the recent time when U.S. teachers abruptly found themselves teaching remotely. . . . It is a deeply humanizing book." ~Carol Ann Tomlinson, William Clay Parrish, Jr. Professor Emeritus, University of Virginia "Humanizing Distance Learning is a book for our times not only because it addresses how to build a culture of thinking and teach for understanding at a distance, but also because it challenges the status quo of education by offering a more liberated and humane vision." ~Ron Ritchhart, Senior Research Associate, Harvard Graduate School of Education "Paul France has produced a timely and necessary book that will help educators humanize distance learning. Recognizing incredible dimensions of complexity, this book will surely help educators traverse times of uncertainty in distance learning." ~H. Richard Milner IV, Cornelius Vanderbilt Chair of Education, Vanderbilt University

Outlines seven principles to allow readers to increase their learning power, providing practical exercises and advice related to time management, study reading, lectures, memory devices, and examination and essay preparation.

The good folks of Virgin River decide to meddle in the lives of widow Vanessa Rutledge and former Marine Paul Haggerty when these two stubborn individuals need help realizing that they are perfect for each other.

Essential Cell Biology provides a readily accessible introduction to the central concepts of cell biology, and its lively, clear writing and exceptional illustrations make it the ideal textbook for a first course in both cell and molecular biology. The text and figures are easy-to-follow, accurate, clear, and engaging for the introductory student. Molecular detail has been kept to a minimum in order to provide the reader with a cohesive conceptual framework for the basic science that underlies our current understanding of all of biology, including the biomedical sciences. The Fourth

Edition has been thoroughly revised, and covers the latest developments in this fast-moving field, yet retains the academic level and length of the previous edition. The book is accompanied by a rich package of online student and instructor resources, including over 130 narrated movies, an expanded and updated Question Bank. Essential Cell Biology, Fourth Edition is additionally supported by the Garland Science Learning System. This homework platform is designed to evaluate and improve student performance and allows instructors to select assignments on specific topics and review the performance of the entire class, as well as individual students, via the instructor dashboard. Students receive immediate feedback on their mastery of the topics, and will be better prepared for lectures and classroom discussions. The user-friendly system provides a convenient way to engage students while assessing progress. Performance data can be used to tailor classroom discussion, activities, and lectures to address students' needs precisely and efficiently. For more information and sample material, visit <http://garlandscience.rocketmix.com/>.

This bestselling book is a unique introduction to the practice of university teaching and its underlying theory. This new edition has been fully revised and updated in view of the extensive changes which have taken place in higher education over the last decade and includes new material on the higher education context, evaluation and staff development. The first part of the book provides an outline of the experience of teaching and learning from the student's point of view, out of which grows a set of principles for effective teaching in higher education. Part two shows how these ideas can enhance educational standards, looking in particular at four key areas facing every teacher in higher education: * Organising the content of undergraduate courses * Selecting teaching methods * Assessing student learning * Evaluating the effectiveness of teaching. Case studies of exemplary teaching are used throughout to connect ideas to practice and to illustrate how to ensure better student learning. The final part of the book looks in more detail at appraisal, performance indicators, accountability and educational development and training. The book is essential reading for new and experienced lec-

turers, particularly those following formal programmes in university teaching, such as courses leading to ILT accreditation.

ENABLES K-12 EDUCATORS TO CREATE SUCCESSFUL LEARNING COMMUNITIES — THE FULLY UPDATED NEW EDITION Effective classroom management plans are essential for creating environments that foster appropriate social interactions and engaged learning for students in K-12 settings. New and early-career teachers often face difficulties addressing student discipline, upholding classroom rules and procedures, and establishing positive teacher-student relationships. The seventh edition of Classroom Management is the leading resource for helping educators prevent student misbehavior, respond to challenging situations, and involve their students in building positive classroom communities. This popular textbook covers every vital aspect of classroom management, from planning for the school year and conducting instruction, to managing diverse classrooms and collaborating with colleagues and families. Fully revised to reflect recent changes in K-12 education and address the needs of today's educators, this edition features new and updated methods for fostering positive student behavior, insights on the root causes of misbehavior, strategies for helping students set high expectations, and much more. Written by a respected expert in teaching methods, classroom management, and instructional leadership, this valuable teacher's reference: Covers contemporary topics, methods, and discipline models in classroom management Reflects current InTASC Model Core Teaching Standards and Praxis assessments Features descriptions of classroom management methods used by elementary, middle, and high school teachers in various regions and communities Provides new and unique stories and case studies of real-world classroom situations Offers end-of-chapter summaries and questions, supplemental activities, further reading suggestions, and complete references Includes new tables, charts, and figures that make information more accessible to different types of learners Classroom Management: Creating a Successful K-12 Learning Community, Seventh Edition is an ideal text for college professors, teachers in training, and K-12 educators, as well as school administrators and general readers involved in education.