
Access PDF Captivating A Guided Journal

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05V26Y - ORLANDO HEATH

Coretta Scott King Book Award, Illustrator, Honor Robert F. Sibert Informational Book Award, Honor Boston Globe-Horn Book Award, Nonfiction Honor In exuberant verse and stirring pictures, Patricia Hruby Powell and Christian Robinson create an extraordinary portrait for young people of the passionate performer and civil rights advocate Josephine Baker, the woman who worked her way from the slums of St. Louis to the grandest stages in the world. Meticulously researched by both author and artist, Josephine's powerful story of struggle and triumph is an inspiration and a spectacle, just like the legend

herself.

This beautiful journal, with a matching COLOR INTERIOR, can either be completed by Grandma, and then given to a grandchild, OR Grandma's grandchild can give it to her for completion. This is the perfect keepsake gift to ensure Grandma's memories are written down in her own words and handwriting, so that they can be preserved forever and leave a lasting legacy for years to come. This journal contains prompts and questions and enough space for Grandma to record her own stories and memories and to journal her own thoughts freely. The prompts are simply suggestions to give Grandma ideas of stories she can share with her grandchild, and allows her

the freedom to decide what she wants to include. The lined, 8.5" X 11" pages provide Grandma with plenty of room to write her answers to the guided prompts. Examples of what you will find inside this beautiful journal include: A traditional family tree AND a page to create a less-traditional family tree, if there have been deaths, divorces, and/or remarriages in the family that need to be reflected A page to create a family tree of Grandma's siblings and their families as well Blank pages to add relevant photos (ideas given), drawings, or extra space for writing Guided prompts and plenty of space for recording answers in a free-style format Some guided prompts included in the

book are: Questions about Grandma's early years including where Grandma was born, when, her given name, her parents', siblings' and grandparents' names and DOB Grandma's earliest childhood memory How Grandma's parents met, and what they did to earn a living Grandma's grandparents and their interests, personalities, and skills Grandma's heritage and information on ancestry and family traditions What life was like for Grandma compared to what life is like for children today Where Grandma went to school, what grades she attended, what her favorite school subjects were, what she liked and didn't like about school Grandma's first jobs How Grandma met your grandfather, their engagement, and wedding Grandma's memories of her own children Grandma's memories of the day her grandchild was born, funny stories to share, etc. 18 random things you didn't know about Grandma Grandma's love letter to her grandchild, including her hopes and dreams for her grandchild The best lessons Grandma learned in life that are important for her grandchild to know What Grandma loves about being a parent and

a grandparent The best piece of advice that Grandma has for her grandchild Grandma's tips for how to get through the hard times in life Grandma's view on what is most important in life and why This journal serves to demonstrate where Grandma came from, and how she has become the person she is today. This journal makes a great Christmas or birthday gift, Valentine's, or even a unique pregnancy announcement! Make the decision to have Grandma record her memories and life for her grandchild, and she will live on forever in her words and stories that only she can tell.

Treasures of the Kingdom, Vol 1 is a sampling from the King's Treasury of hearts of great price. This Volume One is a collection of true stories of treasure found and restored by the Trinity. It is a celebration of Their pursuit and rescue of our hearts. What love! What devotion! Amazing.

"Four short stories set in a hutong, or residential alleyway, of Beijing, China. Yu'er, her grandfather, and their eccentric neighbors experience the magic of everyday life."--

This must-have first journal for budding tween writ-

ers allows users to hone their writing skills and develop a writing habit that is an oasis from all the other media that is constantly bombarding them. Oasis Pages: Guided Writing Journey for Young Writers is a keepsake, guided journal that invites tweens on a personal writing quest. Writers are encouraged to practice self-reflection through thought-provoking prompts, engaging templates, fun word lists, inspiring questions, and more. Beautifully designed, this first journal is inviting and stimulating for tweens looking for delightful screen-free activities.

Explore the known Universe and consider its mind-boggling scale in this crisply illustrated, well-researched picture book from Caldecott Medalist Jason Chin. Winner of the Cook Prize! Most eight-year-olds are about five times as tall as this book . . . but only half as tall as an ostrich, which is half as tall as a giraffe . . . twenty times smaller than a California Redwood! How do they compare to the tallest buildings? To Mt. Everest? To stars, galaxy clusters, and . . . the universe? Jason Chin, the award-winning author and illustrator of Grand Cany-

on has once again found a way to make a complex subject--size, scale and almost unimaginable distance--accessible and understandable to readers of all ages. Meticulously researched and featuring the highly detailed artwork for which he is renowned, this is *How Much is a Million* for the new millenium, sure to be an immediate hit with kids looking for an engaging way to delve into perspective, astronomy, and astrophysics. Curious readers will love the extensive supplementary material included in the back of the book. An American Library Association Notable Children's Book A New England Book Award Finalist A Kirkus Reviews Best Book of the Year A School Library Journal Best Book of the Year A Junior Library Guild Gold Standard Selection A Horn Book Fanfare Best Book of the Year A Bank Street Best Children's Book of the Year!

Based on the #1 New York Times bestseller *The Untethered Soul*, this guided journal offers powerful new practices for inspiration, freedom, and joy. In this beautiful guided journal, you'll find brand-new exercises and prompts paired with original passages from *The Un-*

tethered Soul. These prompts encourage you to fully relate Michael A. Singer's teachings to your personal experiences, allowing you to dive into the teachings and make them a part of your daily life. You'll also discover practices to help you gain distance from your noisy mind, tap into the deeper awareness that is your true essence, and work through the negative emotions that limit your potential. Grounded in traditions of meditation and mindfulness, the new exercises in this transformational journal will show you how to live more fully in the present moment, and achieve lasting joy and self-realization. If you're ready to open the door to limitless possibilities, *The Untethered Soul Guided Journal* will lead you to a richer understanding of your relationship to your mind, emotions, and inner energies. And by letting go of difficult past experiences you've held within yourself, you'll learn to access the profound happiness of your true, innermost Self.

The radio host and speaker with *Proverbs 31* shows women how to develop a confident heart and overcome insecurity and fears. *What the Wild at Heart*

Field Manual did for men, the *Captivating: A Guided Journal* can do for women. By revealing the three distinctly female desires every woman shares, John and Stasi Eldredge invite participants to recover their feminine hearts, which may have suffered many wounds but were originally defined in the image of a passionate God.

Are you standing in the middle of opportunity and being overwhelmed of crazy when you really need calm? Not sure where to start to simplify and bring grace and peace to your home? *A Standard of Grace* is a gorgeous four-color, joy-inspiring guided journal designed to help you nurture your dreams, discover your hopes, and pay attention to those things you hold dearest to your heart. With quotes, journaling prompts, and Scripture, bestselling author of *Grace, Not Perfection* and *A Simplified Life* Emily Ley, encourages you to reach for the life of you want—all while holding to a standard of grace. Both gorgeous and useful, *A Standard of Grace* will make a lovely gift and keepsake as well as be a powerful tool for both embracing where you are while reaching for your

goals and dreams. Through practical, easy-to-follow prompts for journaling and reflection, Scriptures, and inspiring imagery, you'll find an accessible, inspirational journal that to enjoy personally and to share with friends.

From the internationally bestselling creator of *Wreck This Journal*, an interactive guide for exploring and documenting the art and science of everyday life. Artists and scientists analyze the world around them in surprisingly similar ways, by observing, collecting, documenting, analyzing, and comparing. In this captivating guided journal, readers are encouraged to explore their world as both artists and scientists. The mission Smith proposes? To document and observe the world around you as if you've never seen it before. Take notes. Collect things you find on your travels. Document findings. Notice patterns. Copy. Trace. Focus on one thing at a time. Record what you are drawn to. Through this series of beautifully hand-illustrated interactive prompts, readers will enjoy exploring and discovering the world in ways they never even imagined. Expanding on themes in

the bestseller *Captivating*, Stasi Eldredge wrote this book to encourage mothers. She writes, "Every cry out to God in the midst of weariness and loneliness and sorrow for the strength to love; for the wisdom to discipline well; for the grace to respond with patience; for the help to soothe the ache in your heart, deepens His presence in your soul and changes you ever more into the woman you desire to be; the woman you are becoming . . . the woman you were created to be." *You Are Captivating* celebrates the glorious design and beauty of a mother released to be all she was meant to be. Available for the first time in hardcover and beautifully designed with 2-color interiors, this book is perfect for gift giving and will encourage and inspire every mother with the knowledge that she is truly captivating.

This volume considers the complex relationships that exist between Christianity, rape culture, and gender violence. Each chapter explores the various roles that Christian theologies, teachings, and practices have played in shaping contemporary understandings of gender violence and in sanctioning

rape-supportive cultural belief systems and practices. Our contributors explore this topic from a range of disciplinary perspectives, including theology, gender and queer studies, cultural studies, pastoral care, and counseling. Together, the chapters in this volume testify to the considerable influence that Christianity has had, and continues to have, in directing conversations within the Christian tradition around gender violence and rape culture. They therefore invite readers to engage fruitfully in these conversations, fostering transformative dialogues with the Christian community about our shared responsibility to tackle the current global crisis of gender violence. In his book *Wild at Heart*, author John Eldredge thrust a generation of men, young and old, toward a journey to recover true masculinity?the soul of a man as God designed him. If you've already begun the journey, you know how thrilling?and hard?it can be. So you may have longed for a tool to maximize the impact, a guide to show the way. Packed with new information and insights, the *Wild at Heart Field Manual* guides you along "the road less traveled."

Filled with probing questions, creative exercises, and space to record personal field notes, this companion volume is designed to transition you from reading about the wild heart to living from it. For too long, the call of Christianity to men has evoked no higher goal, ultimately, than becoming a "nice guy." No wonder many men are bored to tears with church. The hero instinct has been trained out of them. But Eldredge invites men to come alive again, to find their great battle, adventure, and beauty. If you dare . . . keep reading. Your life will never be the same.

In *Your Sleep*, God is Speaking Did you realize that your spirit never sleeps? When your body sleeps God has your full attention because your distracted mind is temporarily on pause. This is when God can use dreams to impart heavenly ideas, thoughts, and plans--just as He did in the Bible with Jacob, Joseph, Daniel, Solomon, and others. In your dreams, Jesus, the ultimate Storywriter, spins a tale that weaves details from your life into a fascinating storyline, captivating your imagination, helping you solve a problem, or giving you a different

perspective on a decision or a relationship. He may even be speaking to you this way already! This life-changing guided journal will teach you how to tune in to God's word through your dreams, equipping you to capture His personalized whispers in the night.

What *Wild at Heart* did for men, *Captivating* is doing for women. Setting their hearts free. This groundbreaking book shows readers the glorious design of women before the fall, describes how the feminine heart can be restored, and casts a vision for the power, freedom, and beauty of a woman released to be all she was meant to be.

A lush and beautiful fantasy set in a world where music is magic and the fate of many thrones lies with one girl... "Excellent."—Booklist An Amazon #1 Children's Music Book at Release Twelve-year-old Elissa has been raised in seclusion as a devotee of the Mother Goddess. She is a special child, a blessed child, a child who can sing miracles into being. Her voice can heal wounds, halt landslides, cure hunger—and even end wars. But there are those who would use her gift for darker things. And

when Elissa finds herself the farthest from home she's ever been—along with her vain and jealous music tutor, Lucio—she will have to develop the judgment to decide who wants to use her song to heal... and who wants to use her song to hurt. In this astonishing debut—perfect for music lovers—Catherine Bakewell presents not only a wholly unique musical magic system, but a sumptuous baroque world filled with soaring basilicas, gilded palaces, dazzling food, and snow-piled wildernesses. It is a world both beautiful and treacherous, with a fiercely determined girl blazing brightly at its center. Can a lone voice change the world? "Spell-binding."—The Horn Book "Beguiling."—Publishers Weekly "Unique."—BCCB "Captivating."—School Library Connection "Enthralling."—YA Books Central "Alluring."—School Library Journal

Discover powerful quotes and stories from courageous American women past and present in *Bravely*, a beautiful collection from the team behind *Quotabelle*. From the authors of *Beautifully Said* and *Grit & Grace* comes *Bravely*, a captivating gift book designed to celebrate and empower fe-

male historymakers. Full of wisdom that's both timeless and timely, *Bravely* introduces readers to unforgettable legends, little-known trailblazers, and today's daring leaders – muses who embolden us to shape a brave, bright future. With chapter themes that speak to cherished American ideals – from ingenuity to tenacity, freedom, valor, and compassion – this smart, stylish collection of quotations adds missing voices back into US history. Its pages are brimming with fascinating stories linked to iconic events, memorable milestones, much-loved landmarks, and female firsts. The 100 featured profiles include much-loved figures, like Harriet Tubman, Louisa May Alcott, Sally Ride, Simone Biles, Ruth Bader Ginsburg, and Beyoncé. You'll also find a secret soldier, a polar explorer, a symphony composer, a WWII spy, a skyscraper architect, a White House chef, a monastery founder, an organic farmer, a virtual reality pioneer, and social entrepreneurs of every stripe. This unique collection was meticulously researched and curated with care by Quotabelle, a start-up that elevates women's voices through the

power of words.

Every little girl has dreams of being swept up into a great adventure, of being the beautiful princess. Sadly, when women grow up, they are often swept up into a life filled merely with duty and demands. Many Christian women are tired and struggling under the weight of the pressure to be a "good servant," a nurturing caregiver, or a capable home manager. What *Wild at Heart* did for men, *Captivating* will do for women. By revealing the core desires every woman shares- to be romanced, to play an irreplaceable role in a grand adventure, and to unveil beauty-John and Stasi Eldredge invite women to recover their feminine hearts, created in the image of an intimate and passionate God. Join us as we journey into the deep mysteries of our feminine souls in order to recapture our hearts. Through the help of this *Leader's Guide*, you will lead your group as you embark together on a great adventure of coming alive as a woman . . . God's captivating woman. You deserve to stop suffering through what other people have done to you. Discover the life-changing message of forgiveness in this lovely full-color jour-

nal, written by Lysa TerKeurst, complete with personal photographs and interactive content. Lysa will guide you as you engage with questions about what forgiveness is, process through what it isn't, and understand how to deal with difficult relationships. Throughout her life, Lysa has experienced seasons of total devastation that left her wondering, Will I ever recover from this? But in the face of hurt that felt impossible to move past, Lysa has found journaling to be a life-giving way to help let go of bitterness, process resentments, and live in the freedom of forgiving others. Now she is passionate about coming alongside you on your own journey of forgiveness, whether your deepest pain comes from years ago or is still happening today. In this unique companion resource to her #1 New York Times Bestseller *Forgiving What You Can't Forget*, Lysa shares: Honest reflections where she wrestles with forgiving those who hurt her the most Powerful readings about forgiveness and healing Encouraging quotes from *Forgiving What You Can't Forget* Key Bible verses related to the topic of each chapter Journaling

prompts for personal processing, along with space to write Short prayers to get you started in giving your hurt over to God With beautiful color photographs of significant places where Lysa has worked through her own healing, The Forgiveness Journal is the invitation to freedom your soul needs. As Lysa writes, "Forgiveness is possible. And it is good. Your heart is much too beautiful of a place for unhealed pain. Your soul is much too deserving of new possibilities to stay stuck here. Start taking steps today on your unexpected, miraculous pathway to healing, using The Forgiveness Journal. Look for additional inspirational books and audio products from Lysa TerKeurst: I'll Start Again Monday Seeing Beautiful Again Forgiving What You Can't Forget It's Not Supposed to Be This Way Embraced

'You live in a love story set in the midst of a very real war...' What Wild at Heart did for men, and Captivating did for women, LOVE & WAR will do for married couples everywhere. John and Stasi Eldredge have contributed quintessential works on Christian spirituality for men and women separately but now they turn their

focus to the incredible union between those two forces - marriage. With refreshing openness, the Eldredges discuss their own marriage and the insights they've gained from the challenges they've faced. Both speak independently to the reader about what they've learnt, giving their guidance personal immediacy and balanced male and female perspectives. John and Stasi begin LOVE & WAR with an obvious but necessary acknowledgement: marriage is fabulously hard. For every minute of happy delirium, there are equal amounts of disappointment and frustration and a sense that we've been deluded, that this isn't the marriage we dreamed of. Once we admit this, we are free to accept the great adventure of marriage; working together through strength gained from our own individual relationships with God, rather than looking to each other for happiness.

This practical and useful Anti-Anxiety Journal is perfect for ensuring you take an ACTIVE role in getting to the root causes of your anxiety and then working on reducing your anxiety through worksheet exercises and journaling space provided throughout. This journal makes the perfect

gift for anyone you know who may be struggling with anxiety- women, men, moms, older teens (17+) This journal comes in 8" X 10", and has prompts and questions to make journaling simple and fast to do each day to help track patterns with what is causing, worsening, or improving your anxiety levels. This journal is separated into Parts 1 and Parts 2. Be sure to use Amazon's "Look Inside" feature to see the inside of this journal. Part 1 of this journal provides you with daily journal pages to record: Wake-up time Hours slept Meals and beverages eaten as well as time of day (as this can affect your well-being) A bar graph to record your anxiety levels at various points in the day. Space to record thoughts or situations that increased your anxiety today What you did to manage your anxiety Positive things that happened today What you are grateful for Goals to manage your anxiety tomorrow Space to write a daily Positive Affirmation Space to write down what you are grateful for Extra blank pages to add your thoughts, therapy notes, etc. Additional pages to add your favorite, anxiety-reducing positive affirmations that

you can use at work, home, or when you are out. In Part 2, you are provided with the following: A list of 36 Positive Affirmations that you can use and to give you inspiration for thinking of and finding more positive affirmations to use daily. An Anxiety Self-Test Anxiety Triggers worksheets to determine what causes your anxiety Worksheets of "What if?" scenarios that allow you to see not only the potential negative in a situation, but the more likely positive in a situation. Worksheets to help you change your thoughts from negative ones to positive ones Instructions on Progressive Muscle Relaxation, Visualization, Deep Breathing Exercises, & Positive Self Talk for Anxiety Coping Strategies worksheets A small sample of coloring pages with positive quotes to use for de-stressing and relaxation. Pages to doodle, draw, or write your feelings and thoughts out. More space to plan goals, and how you plan to meet those goals If you are ready to explore the causes of your anxiety, learn to think more positively, and learn coping strategies which can help how you approach situations, then this is the journal that can help set you on track to a

life with less anxiety. You can also provide it as a gift to someone you love who could use this journal to improve his/her life.

Former Miss USA Kristen Dalton Wolfe inspires women to believe that positive identity transformation and fulfillment in life is possible in Christ. The world is waiting to experience the gifts of each and every daughter of the King. But how do you rise to your calling when so commonly burdened by insecurity, discouragement, or lack of self-belief? The Sparkle Effect is a guide to the total, positive identity transformation that is possible in Christ. It will empower you with the confidence to achieve your biggest dreams and live fulfilled like never before. Once you stop wasting your time trying to meet worldly standards of beauty and success, stop feeling unworthy, and stop hiding in the shadows of your life, you will be open to claim your divine destiny. "You have an extraordinarily unique brand of beautiful with which God wants to paint this world. Kristen shows us how to believe it, embrace it, and live it with the biblical understanding of who we are created to be." --Lysa TerKeurst, New York

Times bestselling author and president of Proverbs 31 Ministries

This journal is for those who are hungry for more. The Captivating Guided Journal is designed to complement your reading of Captivating - there is one chapter in the journal for every one of the twelve chapters in the book. Using this journal means you're hungry for more. More of Jesus, more healing, more restoration, and more transformation into the woman you were created to be. You even get more in the journal itself! The "Windows to the Heart" and "Lifting the Veil" sections feature special features and excerpts from other books and movies that you won't find in the companion book. By the way, this is not your normal "workbook." There are no wrong answers. No fill-in-the-blanks. You don't have to struggle or worry about "getting it right." Who wants another workbook anyway? We have enough work to do already. Besides, calling this a workbook would imply that the messages in the book Captivating are to be mastered. And mastered in a measurable way. Not at all. The messages in the book are to be pondered, considered.

Some embraced. Some practiced. Some set aside for a later time. In this journal you will experience... Excerpts from the companion book, *Captivating Guided prayers "Windows to Your Heart" - insights from movies, books, and music "Lifting the Veil" - an activity or exercise to try Journaling prompts correlating to each section of the chapter in the book This journal is for your heart. Engaging with it says that you are willing to take a journey of discovery with him. You have said "yes" to God. You are continuing to say "yes." May he meet you in the deep places of your heart and bring you hope, courage, healing, and the delights of intimacy that only God can bring. Designed for use with *Captivating: Unveiling the Mystery of a Woman's Soul* (9781400225286), sold separately.*

Forge a lasting connection with your child and build their self-esteem in *Loved As You Are*, the guided journal that brings parents and kids together. Creative prompts to write and draw invite kids to discover more about themselves--their likes, their fears, their hopes and dreams--while parents get

to join in the fun with written responses of their own! Whimsical art and inviting, full-color designs adorn the pages, and with a sturdy hardcover binding, this is one journal your kids can treasure forever. Share your jokes, trade your secrets, and create some one-on-one moments of screen-free joy with your kids--it's time to get the conversation started!

God has dreams—just for you *Becoming Myself* is a hope-filled book for anyone who wonders if her life will ever change—if she will ever change. In Stasi Eldredge's most intimate book yet, she shares her own struggles with self-worth, weight, and her past as she shows readers how God is faithfully unveiling who we truly are. Stasi urges you to lay down your past thoughts about yourself and receive God's incredible dreams for you instead. We cannot heal ourselves. We cannot become ourselves by ourselves. But we are not by ourselves. The King of love wants to help us become. God desires to restore us—the real us. As he heals our inner life, he calls us to rise to the occasion of our lives. The most important journey any woman can take is the jour-

ney into becoming her true self through the love of God. It's a beautiful paradox. The more of God's you become, the more yourself you become—the "self" he had in mind when he thought of you before the creation of the world. Discover your truest self—the woman God created you to be—in *Becoming Myself*. Sometimes it seems we just can't get what we want. Circumstances thwart our best-laid plans. We struggle to live a heartfelt life. Worst of all, says Eldredge, the modern church mistakenly teaches its people to kill desire (calling it sin) and replace it with duty or obligation (calling it sanctification). As a result, at best Christians tend to live safe, boring lives of resignation. At worst, their desire eventually breaks out in destructive ways such as substance abuse, affairs, and pornography addictions. In *The Journey of Desire*, Eldredge invites readers to rediscover God-given desire and to search again for the life they once dreamed of.

Every little girl has dreams of being rescued by the hero, of being swept away into a great adventure, of being the beautiful princess. Sadly, when women grow up,

they are taught to be tough, efficient, and independent. Many Christian women are tired, struggling under the weight of the pressure to be a "good servant," a nurturing caregiver, passionate lover, or capable home manager. What the Wild at Heart Field Manual did for men, the Captivating: A Guided Journal can do for women. By revealing the three distinctly female desires every woman shares, John and Stasi Eldredge invite participants to recover their feminine hearts, which may have suffered many wounds but were originally defined in the image of a passionate God.

There is a path leading to authentic manhood, cut by men who have gone before us, sons following in the footsteps of their fathers, generation after generation. There are perils along the trail, even disasters?all the more reason to rely on the guidance of a Father who has gone before. But in an age when true fathers are in short supply, how do you find the path to manhood? How do you steer clear of the dangers? John Eldredge calls men back to a simple and reassuring truth: God is our Father. In life's trials and triumphs,

God is initiating boys and men through the stages of manhood from Beloved Son to Cowboy to Warrior to Lover to King to Sage. Fathered by God maps out the path of manhood?not more rules, not another list of principles, not formulas, but a sure path men have followed for centuries before us. Find that path and become the man God sees in you.

Stumbling Through Adulthood is an account of short stories in an interactive journal for "adults" struggling to find purpose in their failure. From an impromptu date gone awry to being hustled by a sibling, Vivian recounts many of her outrageous debacles in hopes of inspiring other thought leaders to get out there and achieve their dreams - even if it means working at an adult entertainment company while attending a prestigious Catholic university.

Sometime between the dreams of your youth and yesterday's to-do list, something precious has been lost: your priceless femininity. God has set within you a femininity that is powerful, tender, and fierce. No doubt it has been misunderstood, but it is there, and it is worth recovering. In this updat-

ed and expanded edition of their runaway best-seller, John and Stasi Eldredge vulnerably share their story and show you how to set your heart free and embrace life as a woman who is truly captivating. The mystery of the feminine heart was meant to be a good thing, a source of joy. But all too often, it becomes a source of shame. We almost universally feel that we are too much or not enough. This book combines timeless scripture with honest, heartfelt stories from women who have been there, too, giving you the encouragement you need to: Discover the glorious design of women that God originally intended Understand how Jesus restores the feminine heart Heal the trauma in your story Embrace the inherent power, freedom, and beauty that you already possess As we grow older and our dreams are slowly pushed aside, we're told that we have to settle for a life of efficiency and performance, striving to be the women we're told that we ought to be and still feeling like we're failing. But it doesn't have to be this way. Let Captivating help you discover the woman you were meant to be.

A bright, science-minded boy goes to the beach

equipped to collect and examine flotsam—anything floating that has been washed ashore. Bottles, lost toys, small objects of every description are among his usual finds. But there's no way he could have prepared for one particular discovery: a barnacle-encrusted underwater camera, with its own secrets to share . . . and to keep.

A delightful guided journal featuring captivating art and inspiring text prompts. A hardcover journal to treasure, filled with Gorjuss imagery and thought-provoking quotes and excerpts that invite readers of all ages to record their own thoughts and feelings and to attach drawings, photos, and other mementos. Beautifully illustrated, the journal features an elastic band to keep secret thoughts safe inside until the next writing session.

Every little girl has dreams of being swept up into a great adventure and of being the beautiful princess. Sadly, when women grow up, they are often swept up into a life filled merely with duty and demands. Many Christian women are tired and struggling under the weight of the pressure to be a "good servant," a nur-

turing caregiver, or a capable home manager. What *Wild at Heart* did for men, *Captivating* will do for women. By revealing the core desires every woman shares— to be romanced, to play an irreplaceable role in a grand adventure, and to unveil beauty—John and Stasi Eldredge invite women to recover their feminine hearts, created in the image of an intimate and passionate God. Join us as we journey into the deep mysteries of our feminine souls in order to recapture our hearts. Through teaching sessions, films, music, guided periods of reflection and journaling, worship and beauty, you're invited to take the risk of coming alive as a woman . . . God's captivating woman. Contents include 5 DVDs, a CD-ROM, *Captivating* trade book, *Captivating* Guided Journal, *Captivating* Study Guide, *Captivating* Leader/Facilitator Guide, and a Quick Start Guide for starting the program.

"*Her Bold Faith*" is a 31 day guided journal that will help you quiet negative thoughts and magnify positive faith in yourself, your life, and God. In this journal, you'll find the following: Daily Affirmations - Based on scripture so you can create a personal

devotional by reviewing the referenced scripture in the Bible. Daily Gratitude Prompt - Reflect on what and who you're thankful for. This could include unexpected blessings or even answered prayers. Life Lesson Prompt - Turn the negative challenges of the day into positive lessons and reflect on what inspired you from the day. P.R.A.Y (Pause, Reflect, Assess and Yield to God) - Journal your prayers through a guided mindfulness approach. BONUS: Every 7 days, there's a break for you to "FREESTYLE", allowing enough room for you to write about whatever is on your heart. Whether it's more prayers, insight on your progress, or simply note taking - it's up to you! There are also 20+ additional blank lined pages at the end of the journal for you to write to your heart's content. You'll also find a surprise fully colored affirmation print that you can cut out and frame as a daily reminder. If it takes 21 days to form a new habit, imagine how much your life will positively change by day 31? It's time for you to transform the outlook you have on life and live with more confidence and bold faith in yourself, your life, and in God.

Take the risk of becoming God's captivating woman. Every little girl has dreams of being swept up into a great adventure, but sadly, many women group into a life filled with duty and demands. Many Christian women are tired and struggling under the weight of the pressure to be a "good servant," a nurturing caregiver, or a capable home manager. In the Captivating Heart to Heart Small Group Video Series, Stasi Eldredge and her small group open their hearts, showing other women the deep healing and spiritual growth available by following the Captivating journey. Features Include: Five DVDs with ten 30-minute video sessions Resource CD with a poster, bulletin inserts, invitations, encouragement cards, and facilitator's guide

Every little girl has dreams of being swept up into a great adventure and of being the beautiful princess. Sadly, when women grow up, they are often swept up into a life

filled merely with duty and demands. Many Christian women are tired and struggling under the weight of the pressure to be a "good servant," a nurturing caregiver, or a capable home manager. What Wild at Heart did for men, Captivating will do for women. By revealing the core desires every woman shares— to be romanced, to play an irreplaceable role in a grand adventure, and to unveil beauty—John and Stasi Eldredge invite women to recover their feminine hearts, created in the image of an intimate and passionate God. Join us as we journey into the deep mysteries of our feminine souls in order to recapture our hearts. Let this study guide accompany you through your great adventure of coming alive as a woman . . . God's captivating woman. In postapartheid Cape Town—Africa's gay capital—many Pentecostal men turned to "ex-gay" ministries in hopes of "curing" their homosexuality in order to conform to conservative Christian val-

ues and African social norms. In *Desire Work* Melissa Hackman traces the experiences of predominantly white ex-gay men as they attempt to forge a heterosexual masculinity and enter into heterosexual marriage through emotional, bodily, and religious work. These men subjected themselves to daily self-surveillance and followed prescribed behaviors such as changing how they talked and walked. Ex-gay men also saw themselves as participating in the redemption of the nation, because South African society was perceived as suffering from a crisis of masculinity in which the country lacked enough moral heterosexual men. By tying the experience of ex-gay men to the convergence of social movements and public debates surrounding race, violence, religion, and masculinity in South Africa, Hackman offers insights into the construction of personal identities in the context of sexuality and spirituality.