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A triumphant tale of a young woman and her difficult childhood, *The Glass Castle* is a remarkable memoir of resilience, redemption, and a revelatory look into a family at once deeply dysfunctional and wonderfully vibrant. Jeannette Walls was the second of four children raised by anti-institutional parents in a household of extremes.

Offers advice on making medical decisions in spite of confusing and conflicting information, and provides insight into the beliefs influencing how choices are made while citing the marketing practices that complicate the process.

Someone is stalking the UCLA Medical Center -- a depraved madman who is preying upon the staff, particularly those who are young and female. No stranger to the terrible ravages of senseless violence, E.R. Chief Dr. David Spier must keep the emergency room running smoothly and efficiently, even as his terrified co-workers wonder who will be the next victim. But when the monster himself is dragged into the E.R. in handcuffs -- hideously burned, suffering, and begging for mercy -- the nightmare is far from over ... it has only just begun. A single act of humanity is about to unleash a bloody wave of horror that threatens to engulf everyone and everything Dr. Spier cares about. His most sacred oath as a healer has become a death sentence -- for David Spier ... and for a city under siege.

Killing time:Stargate Command is in crisis -- too many teams wounded, too many dead. Tensions are running high and, with the pressure to deliver tangible results never greater, General Hammond is forced to call in the Pentagon strike team to plug the holes.

Medical mistakes are more pervasive than we think. How can we improve outcomes? An acclaimed MD's rich stories and research explore patient safety. Patients enter the medical system with faith that they will receive the best care possible, so when things go wrong, it's a profound and painful breach. Medical science has made enormous strides in decreasing mortality and suffering, but there's no doubt that treatment can also cause harm, a significant portion of which is preventable. In *When We Do Harm*, practicing physician and acclaimed author Danielle Ofri places the issues of medical error and patient safety front and center in our national healthcare conversation. Drawing on current research, professional experience, and extensive interviews with nurses, physicians, administrators, researchers, patients, and families, Dr. Ofri explores the diagnostic, systemic, and cognitive causes of medical error. She advocates for strategic use of concrete safety interventions such as checklists and improvements to the electronic medical record, but focuses on the full-scale cultural and cognitive shifts required to make a meaningful dent in medical error. Woven throughout the book are the powerfully human stories that Dr. Ofri is renowned for. The errors she dissects range from the hardly noticeable missteps to the harrowing medical cataclysms. While our healthcare system is—and always will be—imperfect, Dr. Ofri argues that it is possible to minimize preventable harms, and that this should be the galvanizing issue of current medical discourse.

For the gruesomely curious or medically minded, this romp through the history of medicine packs in the fascinating and often macabre ideas and practices employed during humanity's constant battle against illness and injury. Discover the pills and potions that often did more harm than good, the bizarre treatments and torturous surgeries. As well as finding strange and little-known stories, readers will also develop a deeper understanding of the pioneers and pivotal discoveries that paved the way for the modern medicine we often take for granted today. Delightfully Gothic illustration brings the information to life, complemented by photographs of key artefacts.

“The surgical interventions in these pages are dizzying, but the fact that Jay Wellons can write as well as he can operate provides a whole other level of amazement.”—Ann Patchett, #1 New York Times bestselling author of *Commonwealth* “A powerful and moving account of the intense joys and sorrows of being a pediatric neurosurgeon.”—Henry Marsh, New York Times bestselling author of *Do No Harm: Stories of Life, Death, and Brain Surgery* Tumors, injuries, ruptured vascular malformations—there is almost no such thing as a non-urgent brain surgery when it comes to kids. For a pediatric neurosurgeon working in the medical minefield of the brain—in which a single millimeter in every direction governs something that makes us essentially human—every day presents the challenge, and the opportunity, to give a new lease on life to a child for whom nothing is yet fully determined and all possibilities still exist. In *All That Moves Us*, Dr. Jay Wellons pulls back the curtain to reveal the profoundly moving triumphs, haunting complications, and harrowing close calls that characterize the life of a pediatric neurosurgeon, bringing the high-stakes drama of the operating room to life with astonishing candor and honest compassion. Reflecting on lessons learned over twenty-five years and thousands of operations completed on some of the most vulnerable and precious among us, Wellons recounts in gripping detail the moments that have shaped him as a doctor, as a parent, and as the only hope for countless patients whose young lives are in his hands. Wellons shares scenes of his early days as the son of a military pilot, the years of grueling surgical training, and true stories of what it's like to treat the brave children he meets on the threshold between life and death. From the little boy who arrived at the hospital near death from a gunshot wound to the head, to the eight-year-old whose shredded nerves were repaired using suture as fine as human hair, to the brave mother-to-be undergoing fetal spinal cord surgery, *All That Moves Us* is an unforgettable portrait of the countless human dramas that take place in a busy modern children's hospital—and a meditation on the marvel of life as seen from under the white-hot lights of the operating room.

A fascinating guide to a career in neurosurgery written by award-winning journalist John Colapinto and based on the real-life experiences of an expert

in the field—essential reading for someone considering a path to this most challenging profession. Choosing what to do with your life begins with imagining yourself in a career, actually meeting the emotional, physical, and intellectual demands of the job. Often regarded as one of the most technically and emotionally demanding of surgical disciplines, becoming a neurosurgeon requires years of study. This practical guide offers a unique opportunity to see what daily life for a neurosurgeon is like, from someone who has mastered the profession and can explain what the risks and rewards of the job really are. Joshua Bederson is the chief of Neurosurgery at the esteemed Mt. Sinai Hospital in New York City. New Yorker writer John Colapinto brings to vivid life what Dr. Bederson's professional life is like to show all the varied facets of his work, from extensive study and research to brain operations, one-on-one consultations with patients, and even staff meetings with fellow surgeons and students. Since Mt. Sinai is a teaching hospital, we learn alongside the residents and interns how Bederson trains neurosurgeons, passing along the knowledge and skills he honed over decades. The result is a multidimensional portrait of a man and a department, a practical guide for how to enter and learn the profession, as well as a moving glimpse into the world of patients and doctors who face some of life's most harrowing challenges.

“Crammed with provocative insights, raw emotion, and heartbreaking dilemmas,” (The New York Times) First, *Do No Harm* is a powerful examination of how life and death decisions are made at a major metropolitan hospital in Houston, as told through the stories of doctors, patients, families, and hospital administrators facing unthinkable choices. What is life worth? And when is a life worth living? Journalist Lisa Belkin examines how these questions are asked and answered over one dramatic summer at Hermann Hospital in Houston, Texas. In an account that is fascinating, revealing, and almost novelistic in its immediacy, Belkin takes us inside a major hospital and introduces us to the people who must make life and death decisions every day. As we walk through the hallways of the hospital we meet a young pediatrician who must decide whether to perform a risky last-ditch surgery on a teenager who has spent most of his fifteen years in a hospital; we watch as new parents battle with doctors over whether to disconnect their fragile, premature twins from the machine that keeps them breathing; we are in the operating room as a poor immigrant, paralyzed from a gunshot in the neck, is asked by doctors whether or not he wishes to stay alive; we witness the worry of a kidney specialist as he decides whether or not to transfer an uninsured baby to the county hospital down the road. We experience critical moments in the lives of these real people as Belkin explores challenging issues and questions involving medical ethics, human suffering, modern technology, legal liability, and financial reality. As medical technology advances, the choices grow more complicated. How far should we go to save a life? Who decides? And who pays?

A trailblazing, conversation-starting history of women's health—from the earliest medical ideas about women's illnesses to hormones and autoimmune diseases—brought together in a fascinating sweeping narrative. Elinor Cleghorn became an unwell woman ten years ago. She was diagnosed with an autoimmune disease after a long period of being told her symptoms were anything from psychosomatic to a possible pregnancy. As Elinor learned to live with her unpredictable disease she turned to history for answers, and found an enraging legacy of suffering, mystification, and misdiagnosis. In *Unwell Women*, Elinor Cleghorn traces the almost unbelievable history of how medicine has failed women by treating their bodies as alien and other, often to perilous effect. The result is an authoritative and groundbreaking exploration of the relationship between women and medical practice, from the "wandering womb" of Ancient Greece to the rise of witch trials across Europe, and from the dawn of hysteria as a catchall for difficult-to-diagnose disorders to the first forays into autoimmunity and the shifting understanding of hormones, menstruation, menopause, and conditions like endometriosis. Packed with character studies and case histories of women who have suffered, challenged, and rewritten medical orthodoxy—and the men who controlled their fate—this is a revolutionary examination of the relationship between women, illness, and medicine. With these case histories, Elinor pays homage to the women who suffered so strides could be made, and shows how being unwell has become normalized in society and culture, where women have long been distrusted as reliable narrators of their own bodies and pain. But the time for real change is long overdue: answers reside in the body, in the testimonies of unwell women—and their lives depend on medicine learning to listen.

In Robert Pobi's thriller *Do No Harm*, a series of suicides and accidental deaths in the medical community are actually well-disguised murders and only Lucas Page can see the pattern and discern the truth that no one else believes. Lucas Page is a polymath, astrophysicist, professor, husband, father of five adopted children, bestselling author, and ex-FBI agent—emphasis on "ex." Severely wounded after being caught in an explosion, Page left the FBI behind and put his focus on the rebuilding the rest of his life. But Page is uniquely gifted in being able to recognize patterns that elude others, a skill that brings the F.B.I. knocking at his door again and again. Lucas Page's wife Erin loses a friend, a gifted plastic surgeon, to suicide and Lucas begins to realize how many people Erin knew that have died in the past year, in freak accidents and now suicide. Intrigued despite himself, Page begins digging through obituaries and realizes that there's a pattern—a bad one. These deaths don't make sense unless the doctors are being murdered, the target of a particularly clever killer. This time, the FBI wants as little to do with Lucas as he does with them so he's left with only one option—ignore it and go back to his normal life. But then, the pattern reveals that the next victim is likely to be...Erin herself.

A New York Times Bestseller Shortlisted for both the Guardian First Book Prize and the Costa Book Award Longlisted for the Samuel Johnson Prize for Non-Fiction A Finalist for the Pol Roger Duff Cooper Prize A Finalist for the Wellcome Book Prize A Financial Times Best Book of the Year An Economist Best Book of the Year A Washington Post Notable Book of the Year What is it like to be a brain surgeon? How does it feel to hold someone's life in your hands, to cut into the stuff that creates thought, feeling, and reason? How do you live with the consequences of performing a potentially lifesaving op-

eration when it all goes wrong? In neurosurgery, more than in any other branch of medicine, the doctor's oath to "do no harm" holds a bitter irony. Operations on the brain carry grave risks. Every day, leading neurosurgeon Henry Marsh must make agonizing decisions, often in the face of great urgency and uncertainty. If you believe that brain surgery is a precise and exquisite craft, practiced by calm and detached doctors, this gripping, brutally honest account will make you think again. With astonishing compassion and candor, Marsh reveals the fierce joy of operating, the profoundly moving triumphs, the harrowing disasters, the haunting regrets, and the moments of black humor that characterize a brain surgeon's life. *Do No Harm* provides unforgettable insight into the countless human dramas that take place in a busy modern hospital. Above all, it is a lesson in the need for hope when faced with life's most difficult decisions.

The story of one man's evolution from naive and ambitious young intern to world-class neurosurgeon. With poignant insight and humor, Frank Vertosick Jr., MD, describes some of the greatest challenges of his career, including a six-week-old infant with a tumor in her brain, a young man struck down in his prime by paraplegia, and a minister with a .22-caliber bullet lodged in his skull. Told through intimate portraits of Vertosick's patients and unsparing yet fascinatingly detailed descriptions of surgical procedures, *When the Air Hits Your Brain*—the culmination of decades spent struggling to learn an unforgiving craft—illuminates both the mysteries of the mind and the realities of the operating room.

Readers of J. T. Ellison and Tess Gerritsen will be enthralled by *Do No Harm*, by real-life small-town doctor and national bestselling author Dawn Eastman. Small-town doctor Katie LeClair is drawn back into an old murder investigation, a mysterious disappearance, and a dark undercurrent of violence. The idyllic town of Baxter, Michigan, seemed like the perfect place for Dr. Katie LeClair to settle down after years toiling in medical school—until the murder of a patient shattered the peace she had found. Now on the mend and balancing the responsibilities of a new house and the joys of a new romance, Katie is finally ready to start enjoying life. But danger arrives just as the town is gearing up for its annual Halloween festival—and once again, this doctor-turned-sleuth will have to unmask a killer in their midst. Trouble comes in threes this Halloween. Katie sees a new patient who has just been released from prison for a murder he says he didn't commit. Inexplicably, the patient suddenly goes missing. And matters take an even more sinister turn when a college student who had been investigating Katie's old murder case is found dead in the woods near Baxter. Could Katie's involvement with the case be responsible for the student's violent death? Is her new patient truly a cold-blooded murderer? Is this Halloween about to become a real-life horror show? Katie embarks on a desperate race to find the truth in *Do No Harm*, the second gripping Dr. Katie LeClair mystery.

T. A. Cavanaugh's *Hippocrates' Oath and Asclepius' Snake: The Birth of the Medical Profession* articulates the Oath as establishing the medical profession's unique internal medical ethic - in its most basic and least controvertible form, this ethic mandates that physicians help and not harm the sick. Relying on Greek myth, drama, and medical experience (e.g., homeopathy), the book shows how this medical ethic arose from reflection on the most vexing medical-ethical problem -- injury caused by a physician -- and argues that deliberate iatrogenic harm, especially the harm of a doctor choosing to kill (physician assisted suicide, euthanasia, abortion, and involvement in capital punishment), amounts to an abandonment of medicine as an exclusively therapeutic profession. The book argues that medicine as a profession necessarily involves stating before others what one stands for: the good one seeks and the bad one seeks to avoid on behalf of the sick, and rejects the view that medicine is purely a technique lacking its own unique internal ethic. It concludes noting that medical promising (as found in the White Coat Ceremony through which U. S. medical students matriculate) implicates medical autonomy which in turn merits respect, including honoring professional conscientious objections.

NATIONAL BESTSELLER • A stunning "portrait of the enduring grace of friendship" (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. **NATIONAL BOOK AWARD FINALIST • MAN BOOKER PRIZE FINALIST • WINNER OF THE KIRKUS PRIZE** A Little Life follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara's stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara's bestselling new novel, *To Paradise*, available now.

The final book of the Bible, Revelation prophesies the ultimate judgement of mankind in a series of allegorical visions, grisly images and numerological predictions. According to these, empires will fall, the "Beast" will be destroyed and Christ will rule a new Jerusalem. With an introduction by Will Self.

One of America's top physicians traces the history of risk in medicine—with powerful lessons for today Every medical decision—whether to have chemotherapy, an X-ray, or surgery—is a risk, no matter which way you choose. In *You Bet Your Life*, physician Paul A. Offit argues that, from the first blood transfusions four hundred years ago to the hunt for a COVID-19 vaccine, risk has been essential to the discovery of new treatments. More importantly, understanding the risks is crucial to whether, as a society or as individuals, we accept them. Told in Offit's vigorous and rigorous style, *You Bet Your Life* is an entertaining history of medicine. But it also lays bare the tortured relationships between intellectual breakthroughs, political realities, and human foibles. Our pandemic year has shown us, with its debates over lockdowns, masks, and vaccines, how easy it is to get everything wrong. *You Bet Your Life* is an essential read for getting the future a bit more right.

Physician assistant Pierce Parker wants nothing more than to find true love, but after a series of heartbreaks and lackluster first dates, she's beginning to question if such a thing even exists. That is, until she begins working with Dr. Cassidy Sullivan, a new emergency medicine resident. Their chemistry makes Pierce start to believe all her dreams will come true, but a secret from Cassidy's past may end the fairy tale before it gets to happily ever after. For Pierce and Cassidy, the risk of heartbreak may be too high a price for the chance at love.

When Matthew Preston was eight, his father was shot and killed in rarefied Pacific Palisades by Ted Nash, a home burglar who happened to be the Preston's neighbor. Though Nash was sentenced to life in San Quentin, Matthew's lifelong obsession is to somehow get into the prison, gain access to Nash, and exact the ultimate personal revenge. He devises a plan to become a prison doctor to gain access to Nash. While in medical school, Matthew falls for brilliant classmate Torrey Jamison from poverty-stricken East Palo Alto. Torrey is battling her own demons, having been raped by a school counselor while in high school. Matthew is focused on vigilantism; but he loves Torrey who is morally opposed to killing for any reason-or so she

thinks. Unique backdrops at Stanford Medical School and San Quentin prison highlight this tension-filled suspense novel, which includes surprising twists, and themes of misogyny, crime victims' rights, and government corruption.

In gripping prose, one of the world's leading cardiac surgeons lays bare both the wonder and the horror of a life spent a heartbeat away from death. When Stephen Westaby witnessed a patient die on the table during open-heart surgery for the first time, he was struck by the quiet, determined way the surgeons walked away. As he soon understood, this detachment is a crucial survival strategy in a profession where death is only a heartbeat away. In *Open Heart*, Westaby reflects on over 11,000 surgeries, showing us why the procedures have never become routine and will never be. With astonishing compassion, he recounts harrowing and sometimes hopeful stories from his operating room: we meet a pulseless man who lives with an electric heart pump, an expecting mother who refuses surgery unless the doctors let her pregnancy reach full term, and a baby who gets a heart transplant-only to die once it's in place. For readers of Atul Gawande's *Being Mortal* and of Henry Marsh's *Do No Harm*, *Open Heart* offers a soul-baring account of a life spent in constant confrontation with death.

'Thriller fans will be in heaven' Louise Candlish 'Chilling and perfectly paced, one to put on the very top of your TBR!' Sarah Pearse 'Gripping and tense' Observer 'A corker of a thriller' Kate Riordan **MY CHILD HAS BEEN TAKEN. AND I'VE BEEN GIVEN A CHOICE . . . KILL A PATIENT ON THE OPERATING TABLE OR LOSE MY SON FOREVER.** The man lies on the table in front of me. As a surgeon, it's my job to save him. As a mother, I know I must kill him. You might think that I'm a monster. But there really is only one choice. I must get away with murder. Or I will never see my son again. **I'VE SAVED MANY LIVES. WOULD YOU TRUST ME WITH YOURS? DON'T MISS THE HEART-STOPPING THRILLER OF 2022 #DONOHARM** 'With proper breath-taking, pulse-racing levels of tension. Tracking heart surgeon Anna as she grapples with an impossible moral dilemma, I almost felt I was going under the knife myself' LOUISE CANDLISH 'When you pick up a book to read the first page and then can't put it down . . . ' SARAH PEARSE 'An astonishingly good read - a fabulous plot, great characters and you'll be on a knife-edge right up until the brilliant ending!' MY WEEKLY 'Brilliant. Relentlessly tense. This thriller gave me palpitations' LESLEY KARA 'Utterly gripping, addictive and brilliantly tense' KAREN HAMILTON 'Do No Harm hooked me . . . What a terrifying ride!' GILLY MACMILLAN 'Had me on the edge of my seat . . . Do No Harm is brilliantly thrilling' NADINE MATHESON 'An edge-of-your-seat, head-spinning thriller with emotion and depth woven through its heart' LAUREN NORTH 'A brilliant example of psychological crime writing at its very best' KATE RHODES 'The ultimate page turning edge-of-your-seat thriller. Loved it' NIKKI SMITH 'The most nail biting book I've read this year. . . An absolute rollercoaster, you won't be able to put it down' HOLLY SEDDON 'An absolute edge of your seat belter. I urge you to pre-order it now' Reader review 'Let me be the first one to call it: Do No Harm is going to be HUGE!' Reader review 'Probably the fastest thriller and most unrelentingly tense thriller I've read since The Chain' 4 star reader review 'Absolutely phenomenal' 5 star reader review 'Kept me hooked from the very start!' 5 star reader review 'Believe me, you'll not want to put this down' 5 star reader review 'Everything about Do No Harm was absolutely brilliant' 5 star reader review 'Had me GRIPPED!' 4 star reader review 'So full of tension and twists!' 5 star reader review 'It gripped me from page 1' Reader review

Lily has a fresh new start when she marries Sebastian, but her controlling ex-husband soon makes an appearance, and soon she's fighting for her marriage ... and her life. A startling, twisty psychological thriller from bestselling author Lucy V Hay. 'Well written, engrossing and brilliantly unique' Heat 'Prepare to be surprised' Closer 'A claustrophobic and complex read' CultureFly 'Sharp, confident writing' Peter James _____ Till death do us part... After leaving her marriage to jealous, possessive oncologist Maxwell, Lily and her six-year-old son have a second chance at happiness with headteacher Sebastian. Kind but vulnerable, Sebastian is the polar opposite of Maxwell, and the perfect match for Lily. After a whirlwind romance, they marry, and that's when things start to go wrong... Maxwell returns to the scene, determined to win back his family, and events soon spiral out of control. Lily and Sebastian find themselves not only fighting for their relationship, but also their lives... Chilling, dark and terrifying, *Do No Harm* is a taut psychological thriller and a study of obsession, from one of the most exciting new voices in crime fiction. _____ 'Wonderfully layered and gripping' Jendela Benson 'I couldn't put it down' Paula Daly 'Propulsive, inventively and purely addictive' Crime by the Book 'Intense and pacy' Mari Hannah 'Wrong-foots you in ALL the best ways' Caz Frear 'Original, daring and emotionally truthful' Paul Burston 'Slick and compulsive' Random Things through My Letterbox 'Crackles with tension' Karen Dionne 'A contemporary thriller with a heart of darkness' Live & Deadly

'Dark, compelling, twisted, thought-provoking and emotional' Chapter in My Life

With this important resource, health care leaders from the board room to the point-of-care can learn how to apply the science of safe and best practices from industry to healthcare by changing leadership practices, models of service delivery, and methods of communication.

Editor of the award-winning site Feministing.com, Maya Dusenbery brings together scientific and sociological research, interviews with doctors and researchers, and personal stories from women across the country to provide the first comprehensive, accessible look at how sexism in medicine harms women today. In *Doing Harm*, Dusenbery explores the deep, systemic problems that underlie women's experiences of feeling dismissed by the medical system. Women have been discharged from the emergency room mid-heart attack with a prescription for anti-anxiety meds, while others with autoimmune diseases have been labeled "chronic complainers" for years before being properly diagnosed. Women with endometriosis have been told they are just overreacting to "normal" menstrual cramps, while still others have "contested" illnesses like chronic fatigue syndrome and fibromyalgia that, dogged by psychosomatic suspicions, have yet to be fully accepted as "real" diseases by the whole of the profession. An eye-opening read for patients and health care providers alike, *Doing Harm* shows how women suffer because the medical community knows relatively less about their diseases and bodies and too often doesn't trust their reports of their symptoms. The research community has neglected conditions that disproportionately affect women and paid little attention to biological differences between the sexes in everything from drug metabolism to the disease factors—even the symptoms of a heart attack. Meanwhile, a long history of viewing women as especially prone to "hysteria" reverberates to the present day, leaving women battling against a stereotype that they're hypochondriacs whose ailments are likely to be "all in their heads." Offering a clear-eyed explanation of the root causes of this insidious and entrenched bias and laying out its sometimes catastrophic consequences, *Doing Harm* is a rallying wake-up call that will change the way we look at health care for women.

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? **NAMED ONE OF PASTE'S BEST**

MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When *Breath Becomes Air* chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When *Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Sunday Times bestseller We have a lifetime's association with our bodies, but for many of us they remain uncharted territory. In *Adventures in Human Being*, Gavin Francis leads the reader on a journey through health and illness, offering insights on everything from the ribbed surface of the brain to the secret workings of the heart and the womb; from the pulse of life at the wrist to the unique engineering of the foot. Drawing on his own experiences as a doctor and GP, he blends first-hand case studies with reflections on the way the body has been imagined and portrayed over the millennia. If the body is a foreign country, then to practise medicine is to explore new territory: Francis leads the reader on an adventure through what it means to be human. Both a user's guide to the body and a celebration of its elegance, this book will transform the way you think about being alive, whether in sickness or in health. Published in association with the Wellcome Collection. **WELLCOME COLLECTION** Wellcome Collection is a free museum and library that aims to challenge how we think and feel about health. Inspired by the medical objects and curiosities collected by Henry Wellcome, it connects science, medicine, life and art. Wellcome Collection exhibitions, events and books explore a diverse range of subjects, including consciousness, forensic medicine, emotions, sexology, identity and death. Wellcome Collection is part of Wellcome, a global charitable foundation that exists to improve health for everyone by helping great ideas to thrive, funding over 14,000 researchers and projects in more than 70 countries. wellcomecollection.org

A passionate account of a young neurosurgeon's training and practice with vivid descriptions of how it feels to be a brain surgeon.

'Enthralling' GUARDIAN 'Incredibly absorbing ... astonishingly candid' Bill Bryson Winner of the PEN Ackerley Prize and the South Bank Sky Arts Award for Literature Shortlisted for the Costa Biography Award; Duff Cooper Prize; Wellcome Book Prize; Guardian First Book Award; and Slightly Foxed Best First Biography Prize Longlisted for the Samuel Johnson Prize for Non-Fiction What is it like to be a brain surgeon? How does it feel to hold someone's life in your hands, to cut through the stuff that creates thought, feeling and reason? How do you live with the consequences when it all goes wrong? **DO NO HARM** offers an unforgettable insight into the highs and lows of a life dedicated to operating on the human brain, in all its exquisite complexity. With astonishing candour and compassion, Henry Marsh reveals the exhilarating drama of surgery, the chaos and confusion of a busy modern hospital, and above all the need for hope when faced with life's most agonising decisions.

#1 New York Times Bestseller In *Being Mortal*, bestselling author Atul Gawande tackles the hardest challenge of his profession: how medicine can not only improve life but also the process of its ending. Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit. Nursing homes, preoccupied with safety, pin patients into railed beds and wheelchairs. Hospitals isolate the dying, checking for vital signs long after the goals of cure have become moot. Doctors, committed to extending life, continue to carry out devastating procedures that in the end extend suffering. Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the varieties of hospice care to demonstrate that a person's last weeks or months may be rich and dignified. Full of eye-opening research and riveting storytelling, *Being Mortal* asserts that medicine can comfort and enhance our experience even to the end, providing not only a good life but also a good end.

As an active surgeon and former department chairman, Dr. Paul A. Ruggieri has seen the good, the bad, and the ugly of his profession. In *Confessions of a Surgeon*, he pushes open the doors of the O.R. and reveals the inscrutable place where lives are improved, saved, and sometimes lost. He shares the successes, failures, remarkable advances, and camaraderie that make it exciting. He uncovers the truth about the abusive, exhaustive training and the arduous devotion of his old-school education. He explores the twenty-four-hour challenges that come from patients and their loved ones; the ethics of saving the lives of repugnant criminals; the hot-button issues of healthcare, lawsuits, and reimbursements; and the true cost of running a private practice. And he explains the influence of the "white coat code of silence" and why patients may never know what really transpires during surgery. Ultimately, Dr. Ruggieri lays bare an occupation that to most is as mysterious and unfamiliar as it is misunderstood. His account is passionate, illuminating, and often shocking—an eye-opening, never-before-seen look at real life, and death, in the O.R.

This book is the trusted companion to three PBS segments exploring the devastating effects of the opioid epidemic, which is the worst man-made epidemic in the history of our nation, and the programs redefining the treatment and recovery process.

A triumphant story of a father and his little boy—and a love that knows no limits. Rob Coates is a survivor. He'd thought he'd won the lottery of life—a beautiful home, an incredible wife Anna, and their precious son Jack, who makes every day an extraordinary adventure. But when tragedy befalls his family, Rob becomes his own worst enemy, pushing away all he holds dear. With his world now suddenly just outside of his grasp, Rob turns to photog-

raphy, capturing the beautiful skyscrapers and clifftops he used to visit—memories of the time when his family was happy. And just when it feels as though there's nowhere left to turn, Rob embarks on the most unforgettable of journeys to reclaim the joy and love he thought he'd lost. Deeply emotional, beautifully written, and filled with tremendous heart, *We Own the Sky* is a soaring debut about the strength of the human spirit and the boundlessness of love. It is a stunningly honest reminder of life's greatest gifts, showing how even a broken heart can learn to beat again.

Henry Marsh was a neurosurgeon. As with any human, he made his share of mistakes in his life. It is the darker points of his life and career that are the center of his memoirs, aptly titled *Do No Harm*. About the Author Ant Hive Media reads every chapter, extracts the understanding and leaves you with a new perspective and time to spare. We do the work so you can understand the book in minutes, not hours.

At the outset of World War I - the "Great War" - Freud supported the Austro-Hungarian Empire for which his sons fought. But the cruel truths of that bloody conflict, wrought on the psyches as much as the bodies of the soldiers returning from the battlefield, caused him to rethink his stance and subsequently affected his theory: Psychoanalysis, a healing science, could tell us much about both the drive for war and the ways to undo the trauma that war inherently breeds, but its principles could just as easily serve the enemy's desires to inculcate its own brand of "truth." Even a century later, psychoanalysis can still be used as much for the justifications of warfare and propaganda as it is for the defiance of and resistance to those same things. But it is in the investigation of the motives and methods behind these uses that psychoanalysis proves its greatest strength. To wit, this edited collection presents published and unpublished material by analysts, writers, and activists who have worked at the front lines of psychic life and war from various stances. Set at a point of tension and contradiction, they illustrate the paradoxical relation of psychoanalysis as both a site of resistance and healing and a necessary aspect of warmaking, propaganda, and militarism. In doing so, we venture from the home front - from the trauma of returning veterans to the APA's own complicity in CIA "black sites" - across international borders - from the treatment of women in Latin American dictatorships to the resistance to occupation in Palestine, from mind control to an ethics of responsibility. Throughout, a psychoanalytic sensibility deconstructs the very opposition that it inhabits, and seeks to reestablish psychoanalysis as the healing discipline it was conceived to be.

Katrina Firlik is a neurosurgeon, one of only two hundred or so women among the alpha males who dominate this high-pressure, high-prestige medical specialty. She is also a superbly gifted writer-witty, insightful, at once deeply humane and refreshingly wry. In *Another Day in the Frontal Lobe*, Dr. Firlik draws on this rare combination to create a neurosurgeon's Kitchen Confidential—a unique insider's memoir of a fascinating profession. Neurosurgeons are renowned for their big egos and aggressive self-confidence, and Dr. Firlik confirms that timidity is indeed rare in the field. "They're the kids who never lost at musical chairs," she writes. A brain surgeon is not only a highly trained scientist and clinician but also a mechanic who of necessity develops an intimate, hands-on familiarity with the gray matter inside our skulls. It's the balance between cutting-edge medical technology and manual dexterity, between instinct and expertise, that Firlik finds so appealing—and so difficult to master. Firlik recounts how her background as a surgeon's daughter with a strong stomach and a keen interest in the brain led her to this rarefied specialty, and she describes her challenging, atypical trek from medical student to fully qualified surgeon. Among Firlik's more memorable cases: a young roofer who walked into the hospital with a three-inch-long barbed nail driven into his forehead, the result of an accident with his partner's nail gun, and a sweet little seven-year-old boy whose untreated earache had become a raging, potentially fatal infection of the brain lining. From OR theatrics to thorny ethical questions, from the surprisingly primitive tools in a neurosurgeon's kit to glimpses of future techniques like the "brain lift," Firlik cracks open medicine's most prestigious and secretive specialty. Candid, smart, clear-eyed, and unfailingly engaging, *Another Day in the Frontal Lobe* is a mesmerizing behind-the-scenes glimpse into a world of incredible competition and incalculable rewards.

A MOST ANTICIPATED ROM-COM SELECTED BY * BUZZFEED * LGBTQ READS * BUSTLE * THE NERD DAILY * ENTERTAINMENT TONIGHT * FROLIC MEDIA * AND MORE! A BEST BOOK PICK BY * HARPER'S BAZAAR * ENTERTAINMENT WEEKLY "The Charm Offensive will sweep you off your feet." —PopSugar In this witty and heartwarming romantic comedy—reminiscent of *Red, White & Royal Blue* and *One to Watch*—an awkward tech wunderkind on a reality dating show goes off-script when sparks fly with his producer. Dev Deshpande has always believed in fairy tales. So it's no wonder then that he's spent his career crafting them on the long-running reality dating show *Ever After*. As the most successful producer in the franchise's history, Dev always scripts the perfect love story for his contestants, even as his own love life crashes and burns. But then the show casts disgraced tech wunderkind Charlie Winshaw as its star. Charlie is far from the romantic Prince Charming *Ever After* expects. He doesn't believe in true love, and only agreed to the show as a last-ditch effort to rehabilitate his image. In front of the cameras, he's a stiff, anxious mess with no idea how to date twenty women on national television. Behind the scenes, he's cold, awkward, and emotionally closed-off. As Dev fights to get Charlie to connect with the contestants on a whirlwind, worldwide tour, they begin to open up to each other, and Charlie realizes he has better chemistry with Dev than with any of his female co-stars. But even reality TV has a script, and in order to find to happily ever after, they'll have to reconsider whose love story gets told.

After interviewing scores of patients and studying weight bias research, Hannah Hawkins has developed solutions for patients, and for providers, in removing weight discrimination from healthcare settings. Despite the fact that it has a 95% failure rate, weight loss is still the standard prescription for anyone in a bigger body, regardless of their medical complaints. *Do No Harm: Fatphobia and the Medical Industry* explores how fatphobia is harming patients of every size and age. In this book, you'll learn: How and why patients are being discriminated against What patients in bigger bodies can do to advocate for themselves How to better your relationship with your health and medical providers in natural healthy ways Why weight loss is a myth How providers can remove weight bias from their practice Filled with numerous studies and stories about people proving that weight loss doesn't improve health or work in the long term, *Do No Harm* will leave you with action steps to take your health into your own hands and educate the medical community on the harm of weight bias.

The 2017 National Book Critics Circle (NBCC) Finalist, International Bestseller, and a Kirkus Best Nonfiction Book of 2017! "Marsh has retired, which means he's taking a thorough inventory of his life. His reflections and recollections make *Admissions* an even more introspective memoir than his first, if such a thing is possible." —The New York Times "Consistently entertaining...Honesty is abundantly apparent here—a quality as rare and commendable in elite surgeons as one suspects it is in memoirists." —The Guardian "Disarmingly frank storytelling...his reflections on death and dying equal those in Atul Gawande's excellent *Being Mortal*." —The Economist Henry Marsh has spent a lifetime operating on the surgical frontline. There have been exhilarating highs and devastating lows, but his love for the practice of neurosurgery has never wavered. Following the publication of his

celebrated New York Times bestseller *Do No Harm*, Marsh retired from his full-time job in England to work pro bono in Ukraine and Nepal. In *Admissions* he describes the difficulties of working in these troubled, impoverished countries and the further insights it has given him into the practice of medicine. Marsh also faces up to the burden of responsibility that can come with trying to reduce human suffering. Unearthing memories of his early days as a medical student, and the experiences that shaped him as a young surgeon, he explores the difficulties of a profession that deals in probabili-

ties rather than certainties, and where the overwhelming urge to prolong life can come at a tragic cost for patients and those who love them. Reflecting on what forty years of handling the human brain has taught him, Marsh finds a different purpose in life as he approaches the end of his professional career and a fresh understanding of what matters to us all in the end.

In an internationally best-selling book, a modern neurosurgeon offers a revealing look into his life and work.