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### **3IVLGW - WELCH CARLIE**

Pick up the new WIC Shopping Guide (effective October 1st) at your WIC Office. EFFECTIVE OCTOBER 1st! BEANS: They are the same types of beans, but "Choose Any Brand"! CEREAL: Some breakfast cereal will be available in 12 oz. packages (currently only 18 oz. and 36 oz. packages).

#### **Pennsylvania WIC Food List & Shopping Guide October 2017 ...**

Washington WIC Shopping Guide Effective October 2017 New WIC Foods Due to COVID-19 Learn more about the foods we're working to add and what's available now...

#### **Washington WIC Food Guide English | JPMA, Inc.**

#### **VERMONT WIC Food Guide - WIC Program**

#### **A F SHOPPING GUIDE Effective October 1, 2017 ... - WIC Texas**

#### **WIC APPROVED FOODS 2018 - IN.gov**

Effective October 2017. VERMONT WIC . Effective October 2017. Food Guide. ... Tips for Shopping with WIC. 11 Fruits & Vegetables 14 Dairy. 18 Eggs. Milk Cheese. Tofu Soymilk Beverage. Yogurt Proteins. 22 ... Food Guide. Effective October 2017 2 3 Effective October 2017 WIC Progra WIC Progra Healthy Foods .

WIC APPROVED FOODS EFFECTIVE OCTOBER 1, 2017 46-48 oz. cans/bottles For women only. Pineapple Juice Tomato Juice Vegetable Any Flavor, Regular or Low Sodium Apple Juice Grape Juice Juicy Juice 100% Juice Blends Any Flavor SHELF STABLE

#### **WIC APPROVED FOODS 2017 - in**

#### **YOUR WIC AGENCY - WIC Program**

WIC Shopping Guide, Effective October 2017 The 10 Things You'll Want to Know Before Shopping for WIC Foods Revised - June 2018 . Washington State Core WIC Notebook . 1 . WIC Foods . A note from a WIC mom: In WIC, I learned that 1%, 2% and fat free milk have the same nutrients as whole milk, and less fat.

#### **Texas Department of Health Memo 16-081**

the same shopping trip. Some food may spoil. Spread your purchases throughout the entire month. Stores have more brands and varieties available during the middle of the month. GET THE MOST FOR YOUR MONEY SHOPPING TIPS YOUR WIC AGENCY & SHOPPING GUIDE EFFECTIVE OCTOBER 1, 2016 THRU SEPTEMBER 30, 2017 PA WIC is funded by the USDA.

INTRODUCTION 2017 WASHINGTON WIC FACTS • 274,888 total WIC customers were served in Wash-

ington State at over 700 vendor locations . • 197,067 infants and children received nutritious foods . • 44% of all babies born in Washington State were served on WIC . • Approximately \$100 million distributed to WIC vendors . • \$3 to \$4 more spent at the store for every WIC dollar spent .

#### **WIC Program Approved Foods | Wisconsin Department of ...**

shopping guide effective october 1, 2017 thru september 30, 2018 pennsylvania wic Self-serve lines are not allowed. Checks altered in any way will not be accepted.

Wisconsin WIC helps you buy the foods you and your children need to stay healthy. The WIC foods in your monthly food package are specifically chosen to promote good health, growth, and development. With your eWIC card, you can only buy foods that are approved by WIC and in your current benefits. The authorized foods are described in the WIC Shopping Guide and the following videos.

#### **PROGRAM BOOKLET - Indiana**

#### **Washington WIC 2018 Vendor Training Guide**

#### **Wic shopping guide 2017 washington - Alaska Dog & Puppy Rescue**

#### **Effective October 2017 Wic Shopping**

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#### **WIC - Washington Shopping Guide Effective October 2017**

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www.texaswic.org. This institution is an equal ...

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YOUR WIC AGENCY & SHOPPING GUIDE EFFECTIVE OCTOBER 1, 2017 THRU SEPTEMBER 30, 2018 WWW.PAWIC.COM WWW.HEALTH.PA.GOV 1-800-WIC-WINS | 1-800-942-9467 PA WIC is funded by the USDA. PENNSYLVANIA WIC WIC SALES STEPS Foods being purchased with WIC checks 1 must be listed on your WIC check. Give the cashier your WIC ID and WIC check before the sale is ...

### **YOUR WIC AGENCY - WIC Program**

Effective October 1, 2018. Infant Formula. Similac . Advance. 12.4 oz. powder or . 13 oz. concentrate. Similac. ... Information about formula and WIC • onthly formula amount will change as your baby M ... Texas WIC Approved Foods Shopping Guide - Infant Formula Author: HHSC Texas WIC Subject: Infant Formula Shopping Guide

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### **Core WIC Training - Washington State Department of Health**

Weekly Memos And Bulletins 2016 Memos, policy changes, and ... 16-071 August 2 Changes to the Approved Foods Effective October 1, 2016 (1031 kb, PDF) 16-072 August 3 Zika Materials (30 kb, ... 16-081 August 12 Fiscal Year (FY) 2017 Texas WIC Shopping Guide and Approved Foods Poster (461 kb, PDF)

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### **WIC APPROVED FOODS 2018 - IN.gov**

WIC APPROVED FOODS2017 EFFECTIVE OCTOBER 1, 2016 ANY GRAIN OR MULTIGRAIN 8 or 16 oz. container Not included: Juicy Juice 100% Organic, canned, formula, fruit, or variety packs, DHA, quinoa. INFANT CEREAL FLUID MILK Least expensive brand only in category stated on shopping list (e.g., least expensive whole milk if whole milk stated on shopping list)

### **WIC APPROVED FOODS 2017 - in**

Vietnamese Shopping Guide (E-WIC-34V) and the Shopping Guide for Infant Formula (E-WIC-34-1V) will be available to print online through the WIC Catalog. As soon as they are posted, we will send notification to allow agencies sufficient time to make copies. Beginning October 1, participants can select foods from both the FY 2016 and FY 2017

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Effective October 1, 2013 ... g The formula amounts on your Shopping List ... g WIC does not give you all the formula your baby may need. g WIC may provide a different formula if your baby needs it for medical reasons, however a prescription will be required.

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### **WIC Gun Barrel City - Posts | Facebook**

EFFECTIVE OCTOBER 1, 2017 PROGRAM BOOKLET INFORMATION FOR CLIENTS. WIC is a nutrition pro-

gram that provides nutrition and health education, ... category stated on shopping list (e.g. least expensive whole milk if whole milk stated on shopping list). • Whole or Vitamin D

#### **PROGRAM BOOKLET - Indiana**

MICHIGAN WIC Effective July 11, 2016 - Version 2. Online Nutrition Education How to get started: 1. Go to wichealth.org 2. Create an account and set ... Shopping List, you can buy... • 1 loaf bread, or • 1 package buns, or • 1 package tortillas, or • 1 package pasta, or

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