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47TICW - MATTEO ROBERSON

Als je dyslexie hebt, weet je wat dyslexie voor jou betekent en wat je ouders en remedial teacher daarover hebben verteld. Dat mondiaal gezien wetenschappers zich bezighouden met dyslexie, dat er verschillende opvattingen over zijn en dat dyslexie niet voor iedereen hetzelfde betekent, is vaak niet bekend. Studenten met dyslexie komen hier vooral hun zwakke kanten tegen. Deze module kijkt naar ieders sterke kanten, naar hulpmiddelen en naar de manier waarop de hersenen informatie verwerken. Gewapend met deze kennis en inzichten inventariseren we de problemen die je met lezen en schrijven tegenkomt en zoeken we uit hoe je die optimaal kunt aanpakken op een manier die bij jouw dyslexieproblemen en sterke kanten past. Ook de volgende onderwerpen komen aan bod: regelingen ‘studeren met dyslexie’, hulpmiddelen, dyslexie en ‘lifestyle’, de kunst van het lezen, de kunst van het schrijven. Uit de evaluaties van de studenten noteren we onder meer volgende sterke punten van deze module:

- Dat er goed en duidelijk wordt uitgelegd wat dyslexie is en wat de kenmerken zijn. Hoe je deze kan benutten en waarom sommige dingen moeizamer gaan dan bij anderen.
- Herkenning. Het leren kijken naar dyslexie en een positieve manier.
- Dat je kunt praten over je dyslexieproblemen. Dat er een duidelijke en rustige lesvorm wordt gebruikt waarin er veel met de inbreng van studenten wordt gedaan.
- Dat we tips kregen over concentratie en dat we ook een keer de positieve punten van dyslexie kregen te horen.
- Dat ik toch nog veel dingen heb geleerd waarvan ik niet wist dat die ermee te maken hadden, terwijl ik dacht dat ik alles wel wist.

Read the Wall Street Journal Bestseller for "cultivating intense focus" for fast, powerful performance results for achieving success and true meaning in one's professional life (Adam Grant, author of Give and Take). Deep work is the ability to focus without distraction on a cognitively demanding task. It's a skill that allows you to quickly master complicated information and produce better results in less time. Deep Work will make you better at what you do and provide the sense of true fulfillment that comes from craftsmanship. In short, deep work is like a super power in our increasingly competitive twenty-first century economy. And yet, most people have lost the ability to go deep—spending their days instead in a frantic blur of e-mail and social media, not even realizing there's a better way. In Deep Work, author and professor Cal Newport flips the narrative on impact in a connected age. Instead of arguing distraction is bad, he instead celebrates the power of its opposite. Dividing this book into two parts, he first makes the case that in almost any profession, cultivating a deep work ethic will produce massive benefits. He then presents a rigorous training regimen, presented as a series of four "rules," for transforming your mind and habits to support this skill. 1. Work Deeply 2. Embrace Boredom 3. Quit Social Media 4. Drain the Shallows A mix of cultural criticism and actionable advice, Deep Work takes the reader on a journey through memorable stories—from Carl Jung building a stone tower in the woods to focus his mind, to a social media pioneer buying a round-trip business class ticket to Tokyo to write a book free from distraction in the air—and no-nonsense advice, such as the claim that most serious professionals should quit social media and that you should practice being bored. Deep Work is an indispensable guide to anyone seeking focused success in a distracted world. An Amazon Best Book of 2016 Pick in Business & Leadership Wall Street Journal Business Bestseller A Business Book of the Week at 800-CEO-READ

The most comprehensive, up-to-date and thoroughly researched book on the topic of composting human manure available anywhere. It includes a review of the historical, cultural and environmental issues pertaining to "human waste," as well as an in depth look at the potential health risks related to humanure recycling, with clear instructions on how to eliminate those dangers in order to safely convert humanure into garden soil. Written by a humanure composter with over thirty years experience, this classic work now includes illustrated, step-by-step instructions on how to build a humanure toilet, a chapter on alternative graywater systems, photos of owner-built humanure toi-

lets from around the world, and an overview of commercial composting toilets and systems.

An international bestseller delivering good news on brain function and ageing We all worry sometimes that our brains — particularly our memories — just don't work as well as they used to. In this illuminating book, internationally acclaimed Dutch neuroscientist André Aleman shows that although the decline in our mental capacities begins earlier than we think, this is not such a bad thing. In fact, older people are more resistant to the effects of stress, cope better with their emotions and with complex situations, and are — generally speaking — happier than their younger counterparts. Our Ageing Brain will change the way we think about age and mental acuity. Drawn from the latest research in cognitive science, it outlines what takes place in the brain as we age, how to recognise the early symptoms of Alzheimer's disease, and how to distinguish fact from fiction when it comes to ways of slowing down the ageing process. It concludes with the seven most important things we can each do to keep our brains healthy. Published here in English for the first time, this is a refreshing, informative, and ultimately reassuring examination of what happens to our most important organ as we grow older.

A new term has emerged from the disability movement in the past decade to help change the way we think about neurological disorders: Neurodiversity. ADHD. Dyslexia. Autism. The number of categories of illnesses listed by the American Psychiatric Association has tripled in the past fifty years. With so many people affected by our growing “culture of disabilities,” it no longer makes sense to hold on to the deficit-ridden idea of neuropsychological illness. With the sensibility of Oliver Sacks and Kay Redfield Jamison, psychologist Thomas Armstrong offers a revolutionary perspective that reframes many neuropsychological disorders as part of the natural diversity of the human brain rather than as definitive illnesses. Neurodiversity emphasizes their positive dimensions, showing how people with ADHD, bipolar disorder, and other conditions have inherent evolutionary advantages that, matched with the appropriate environment or ecological niche, can help them achieve dignity and wholeness in their lives.

Provides a group of games to foster a healthy exercise of fantasy and joyful noncompetitive encounters which are antidotes for the increased competitive pressures of today.

"Covering the impact of domestic and international Internet abuse on individuals, groups, organizations, and societies, this research-based book focuses on the phenomenon of Internet abuse and its consequences for an increasingly technology-driven world. Online shopping, Internet gambling, telecommuting, and e-business practices are discussed with emphases on workplace behaviors and abuses. Web management techniques and legal risks are addressed to provide solutions and policing strategies."

Learning and Development (L&D) programmes are too often based on fads, the latest trends or learning designers' personal preferences without critical evaluation. Evidence-Informed Learning Design will allow learning professionals to move away from this type of approach by showing them how to assess and apply relevant scientific literature, learning science research and proven learning techniques to design their training in a way that will make a measurable difference to employee performance and overall business success. Packed with tips, tools and examples, Evidence-Informed Learning Design enables L&D and training professionals to save both time and money by ensuring that efforts are focused on designing learning that's proven to be effective. Covering techniques like interleaving and self-directed and self-regulated learning, as well as debunking myths and fallacies in the field, it covers how best to test, measure and reinforce learning in both online, offline and face-to-face scenarios. To ensure that employees develop the skills the business needs to succeed and that the L&D function is recognised as adding true organizational value, this book is essential reading for anyone responsible for designing learning.

Populair-wetenschappelijk naslagwerk waarin in woord en beeld allerlei aspecten van het menselijk bestaan worden behandeld: de oorsprong - het lichaam - de geest - levenscyclus - de samenleving

- cultuur - volkeren - de toekomst.

Customer Notice: this book contains a large amount of image-based text therefore any digital version would be better rendered by being viewed using large screen devices. Release Your Inner Drive: Everything You Need to Know about How to Get Good at Stuff by Bradley Busch and Edward Watson is a book of infographics designed to show teenagers how they can excel at school and in life. But while the graphics are certainly colourful and eye-catching, this is so much more than a book of pretty pictures. The graphics distil the latest research into psychology and neuroscience, alongside explanations of what exactly this means for teenagers and what they can do with these insights in practice. We know more than ever about the science of learning, and now everyone can quickly tap into the success strategies that have been proven to help people thrive and flourish. Have you ever wondered how people get really good at stuff? It turns out that there are a collection of habits that help people to get good at whatever it is they do. Researchers and academics in the fields of psychology and neuroscience have spent years trying to understand why some people flourish and others never truly fulfil their potential. Bradley and Edward have condensed that wisdom into this no-nonsense, visual guide which also provides clear explanations of the concepts, along with links to the latest research, for those who want to delve deeper into these fascinating insights. Each infographic distils everything you need to know to cultivate these habits and give yourself the best possible chance of success. Discover how to: take control, concentrate better, find your motivation, fail better, make revision stick, perform under pressure, ace those exams, put down that phone when you're meant to be revising, get over FOMO, stop procrastinating, get a good night's sleep, take care of yourself and your mental health, learn from sporting champions and grow your mindset to get ahead. The book is also ideal for anyone who has children and wants to nurture their talents, or for teachers who want to ensure that their students develop the attitudes, beliefs and habits that maximise learning and performance. Suitable for young people and anyone who wants to help them achieve their potential, including parents and teachers.

What causes people to continually relive what they most want to forget, and what treatments could help restore them to a life with purpose and joy? Here, Dr Bessel van der Kolk offers a new paradigm for effectively treating traumatic stress. Neither talking nor drug therapies have proven entirely satisfactory. With stories of his own work and those of specialists around the globe, The Body Keeps the Score sheds new light on the routes away from trauma - which lie in the regulation and syncing of body and mind, using sport, drama, yoga, mindfulness, meditation and other routes to equilibrium.

Ons feilbare denken meets Getting things done! Onderzoekers als Kahneman, Pink en Ariely hebben aangetoond dat we beter zouden kunnen denken, beslissen en omgaan met onzekerheid. Maar hoe breng je die wetenschap in de praktijk? Kun je je leven anders inrichten? Caroline Webb werkt al vijftien jaar met wetenschappelijk bewezen effectiviteitsadviezen. Zij verzamelde alle recente kennis op het gebied van psychologie, gedragseconomie en neurologie en schreef op basis daarvan dit praktijkboek. Het staat boordevol tips, adviezen en verklaringen. Het helpt je productiever te werken, gesprekken en samenwerking te verbeteren, scherper te redeneren en meer invloed op je omgeving te krijgen. Het geeft je ook nog adviezen om beter om te gaan met de onvermijdelijke tegenslag. Het recept voor een goede dag is opgebouwd rond de volgende thema's: • prioriteiten stellen • productiviteit • relaties onderhouden • denken en beslissen • beïnvloeden en beïnvloed worden • weerbaarheid en veerkracht • energie en vitaliteit

World-class guidance on using information to achieve better performance Examining the characteristics of information and the latest findings in cognitive science, this book shows how the mind works, how it can be used to think optimally about your business, and how to improve business performance with better information management practices. Provides the process and tools necessary to identify this information and how to remember it, and how to better use the people around you to obtain the best information Reveals how to handle all of the hundreds of pieces of information re-

ceived daily Provides case studies as well as checklists that show managers how to implement the methodology presented in the book Innovative and ahead of its time, this book helps you take control of all the information that enters your life, get better informed, and have more time for the important issues you face within your business.

Wenn von "Kreativität" die Rede ist, denken die meisten Menschen als erstes an die Entwicklung von möglichst vielen und möglichst originellen Ideen. Hierbei handelt es sich aber nur um einen Teil des kreativen Prozesses, in dessen weiterem Verlauf die besten Ideen ausgewählt und bis hin zur Praxistauglichkeit ausgearbeitet werden müssen. Dieses Buch enthält 75 inspirierende Methoden zur Gestaltung kreativer Team-Workshops. Es richtet sich an Führungskräfte sowie an Personen aus den Bereichen Training, Beratung und Coaching, die Workshops begleiten, in denen die kreativen Fähigkeiten der Teilnehmenden genutzt werden sollen, um Innovation oder Verbesserung hervorzu bringen. Dargestellt wird ein breites Spektrum von Methoden für die kreative Gruppenarbeit, das sich von Warm-ups über intuitive Vorgehensweisen, Visualisierungs- und Assoziationstechniken, Imaginationsübungen und Mindmapping-Techniken bis hin zu rationalen und analytischen Methoden der Entscheidungsfindung erstreckt. Der erste Teil des Bandes beschäftigt sich mit der Frage, wie Sie als Gruppenleitung die notwendigen Voraussetzungen für einen erfolgreichen Ablauf der Gruppenarbeit schaffen können. Die nachfolgenden sechs Teile beschäftigen sich mit verschiedenen Bausteinen im kreativen Prozess: (1) (Selbst-)Einsicht vergrößern, (2) Ziele formulieren, (3) Hindernisse überwinden, (4) Kreative Fähigkeiten fördern, (5) Originelle Ideen generieren, (6) Kreative Ideen auswählen und weiterentwickeln. Eine tabellarische Übersicht am Ende des Buches hilft dabei, die für den jeweiligen Einsatzzweck passende Übung zu finden, und zeigt auf, welche der dargestellten Methoden auch für das Einzel-Coaching oder individuelle Brainstorming-Sessions geeignet sind. Zahlreiche Kästen mit Erläuterungen zum theoretischen Hintergrund, Materialien, Tipps und Beispielen machen das Buch zu einem wertvollen Begleiter für alle, die mit Gruppen und Teams in kreativen Prozessen zusammenarbeiten.

England is at war. Growing up in a lighthouse, eleven-year old Pet's world has been one of storms, secret tunnels and stories about sea monsters. But now the clifftops are a terrifying battleground, and her family is torn apart ...

Discusses the best methods of learning, describing how rereading and rote repetition are counterproductive and how such techniques as self-testing, spaced retrieval, and finding additional layers of information in new material can enhance learning.

Supporting teachers in the quest to help students learn as effectively and efficiently as possible, The Science of Learning translates 99 of the most important and influential studies on the topic of learning into accessible and easily digestible overviews. Building on the bestselling original book, this second edition delves deeper into the world of research into what helps students learn, with 22 new studies covering key issues including cognitive-load theory, well-being and performing well under exam pressure. Demystifying key concepts and translating research into practical advice for the classroom, this unique resource will increase teachers' understanding of crucial psychological research so they can help students improve how they think, feel and behave in school. From large-to small-scale studies, from the quirky to the iconic, the book breaks down complicated research to provide teachers with the need-to-know facts and implications of each study. Each overview combines graphics and text, asks key questions, describes related research and considers implications for practice. Highly accessible, each overview is attributed to one of seven key categories: Memory: increasing how much students remember Mindset, motivation and resilience: improving persistence, effort and attitude Self-regulation and metacognition: helping students to think clearly and consistently Student behaviours: encouraging positive student habits and processes Teacher attitudes, expectations and behaviours: adopting positive classroom practices Parents: how parents' choices and behaviours impact their childrens' learning Thinking biases: avoiding faulty thinking habits that get in the way of learning A hugely accessible resource, this unique book will support, inspire and inform teaching staff, parents and students, and those involved in leadership and CPD.

Dyslexia and other learning differences are commonly seen as disabilities, but they must also be seen as distinctive abilities, different (and often superior) modes of perceiving and understanding the world. As Thomas West shows, some of our greatest minds, from Einstein and Edison to Churchill and da Vinci, have been visual thinkers who today might be labeled 'learning disabled.' In the Mind's Eye makes a powerful case that the dyslexic-visual mind may be full of creative human potential, and is as crucial a part of our cognitive heritage as any other. -Oliver Sacks, MD, Professor of Neurology and Psychiatry, Columbia University Medical Center; Columbia University Artist; Author of Musicophilia, Awakenings, and The Man Who Mistook His Wife for a Hat Thomas West

brings to life the fascinating capacities and syndromes that arise from our visual-spatial imagination. His book proves beyond doubt that we are not all points on a single bell curve of intelligence. -Howard Gardner, The John H. and Elisabeth A. Hobbs Professor of Cognition and Education, Harvard Graduate School of Education; Author of many books, including Frames of Mind: The Theory of Multiple Intelligences and Intelligence Reframed: Multiple Intelligences for the 21st Century Unfortunately, I did not discover this wonderful book before I wrote Thinking in Pictures several years ago. I recommend it to teachers, parents and education policymakers. West profiles people with dyslexia who are visual thinkers, and his conclusions on the link between visual thinking and creativity are similar to mine. -Temple Grandin, Associate Professor at Colorado State University, Author of the memoir Thinking in Pictures (dealing with her life with autism) and the best-selling Animals in Translation Now in its fifteenth printing, In the Mind's Eye has been recognized as a classic in its field. The book still stands alone as a uniquely compelling argument for the great importance of visual thinking and visual technologies as well as the high creative potential of many individuals with dyslexia or other learning difficulties. In this second edition, Thomas G. West reviews a number of recent developments that support and extend the perspectives and expectations originally set forth in the first edition. In addition to the original eleven portraits of famous individuals with learning difficulties (including Albert Einstein and Thomas Edison), he has added brief profiles of two dyslexic scientists known for their ability to generate, in quite different fields, powerful but unexpected innovations and discoveries: William J. Dreyer, a Caltech professor who used his highly visual imagination to see things in molecular biology and immunology well before others; and John R. (Jack) Horner, who flunked out of the University of Montana seven times (requiring letters of support for readmission) but is now known as one of the three most important paleontologists in the world. Recognized as among the best of the best by the American Library Association in their broad psychology and neuroscience category, this title belongs on the bookshelves of all educators and anyone with an interest in visual thinking, visual technologies, and highly creative people with learning difficulties. Thomas G. West is a writer, lecturer and consultant based in Washington, DC. In connection with In the Mind's Eye, he has been invited to provide over 200 presentations, interviews and documentary segments for computer, business, education, art, design, scientific and medical groups in the U.S. and fourteen countries overseas. More on In the Mind's Eye can be found at <http://inthemindseyedyslexicrenaissance.blogspot.com/>.

We ervaren dagelijks hoe we dankzij slimme zoektermen op Google een bijna oneindig geheugen hebben. Uit onderzoek blijkt dat intensieve gebruikers van Twitter en Facebook voor bepaalde onderwerpen een vorm van intuïtie, ook wel 'ambient awareness', ontwikkelen die tien jaar geleden nog onbekend was. Wetenschappers gebruiken software om denkstappen te maken die met alleen hun hersenen onmogelijk zouden zijn. En miljoenen mensen blijken het schrijven van een e-mail te gebruiken om hun gedachten te ordenen. In We worden steeds slimmer laat Clive Thompson zien dat onze denkwerelden rijker en complexer worden naarmate we meer op techniek vertrouwen. We leren en onthouden meer, nemen de wereld om ons heen anders waar en hebben zelfs totaal nieuwe gedachten. Thompson vertelt hoe we smartphones, social media, zoekmachines, tekstverwerkers en nog talloze andere technologieën kunnen gebruiken om de capaciteit van onze hersenen te vergroten. Zo kunnen we een samenwerkingsverband aangaan met de schakcomputer, of een soort extern geheugen aanleggen - net als een 76-jarige miljonair die digitaal letterlijk alles opneemt wat er in zijn leven gebeurt. Volgens Thompson zijn we bij elke technologische innovatie bang dat ons leven nooit meer hetzelfde zal zijn. Maar net als in het verleden leren we hoe we het nieuwe kunnen gebruiken en houden we vast aan wat goed is van het oude. We worden steeds slimmer presenteert in heldere taal een vernieuwend perspectief op het heden en de toekomst. Want ook onze huidige wereld is ooit sciencefiction geweest.

'If you feel like a hostage of your to-do list, and struggle to find time for what matters most, this book will be a big help.' DANIEL H. PINK, #1 New York Times bestselling author of When and Drive

HOPE is een nieuwe, zachte methode voor persoonlijke transformatie. Het uitgangspunt is dat alles energie is. Alles wat in je omgaat - emoties, gedachten of gedragingen - kun je transformeren door met de onderliggende energiepatronen ervan te werken. Met de HOPE-methodek verbind je de verschillende delen van je persoonlijkheid weer met je hogere zelf en met de Bron van alles wat bestaat. Zo kom je los uit belemmerende patronen, heel je oude pijn en maak je je verborgen potentieel vrij. Het uiteindelijke doel is leven in totale vrijheid, in verbinding met je ziel en met het Bronveld dat overal aanwezig is, rondom en in je. HOPE is toegankelijk voor iedereen, los van levensbeschouwing of ervaring in het werken met energie. Dit boek biedt een stapsgewijze handleiding, die je meteen in de praktijk kunt toepassen. Verdiepende inzichten geven een bekrachtigende visie

van hoop mee, zowel voor individuele mensen als voor onze samenleving in verandering. Voorlichting en oefeningen voor volwassen dyslectici.

The Dutch people are some of the happiest in the world. Their secret? They are masters of nixen, or the art of doing nothing. Nixen is not a form of meditation, nor is it a state of laziness or boredom. It's not scrolling through social media, or wondering what you're going to cook for dinner. Rather, to nix is to make a conscious choice to sit back, let go, and do nothing at all. With this book, learn how to do nothing in the most important areas of your life, such as: AT HOME: Find a comfy nook and sit. No technology or other distractions. AT WORK: Stare at your computer. Take in the view from your office. Close your eyes. IN PUBLIC: Forget waiting for the bus, enjoy some relaxing nixen time. Backed with advice from the world's leading experts on happiness and productivity, this book examines the underlying science behind nixen and how doing less can often yield so much more. Perfect for anyone who feels overwhelmed, burnt out, or exhausted, NIKSEN does not tell you to work harder. Instead, it shows you how to take a break from all the busyness while giving you sincere, heartfelt permission to do nothing.

"Argues that monitoring one's electronic business communication 24/7 is actually counterproductive and offers a plan for companies to take time to ""disconnect"" in order to boost their productivity."

Smarter Faster Better by Charles Duhigg | Summary & Analysis Preview: Smarter Faster Better by Charles Duhigg is a scientifically grounded self-help book that describes ways to increase productivity. Duhigg relates stories about ways to encourage individuals to make decisions and assign their own significant meanings to them, demonstrating that making choices and knowing the meaning of those choices stimulates further action and motivation. Analyses of team productivity programs and the functioning of effective teams show that productive teams should be diverse, call on every team member to participate, and create a safe environment for team members. The best way for teams to set goals is to work toward a stretch goal that also meets the five SMART criteria: the stretch goal should be specific, measurable, achievable, realistic, and based on a set timeline. A set of stretch goals can be achieved with total effort. Those goals should be meaningful and should not distract from the need for new goals when circumstances change, as in a crisis... PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book. Inside this Instaread Summary of Smarter Faster Better · Overview of the book · Important People · Key Takeaways · Analysis of Key Takeaways About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience.

Over 100,000 Copies Sold! Organizing books fall short of addressing the unique needs of adults with ADD. They fail to understand the clinical picture of ADD and how it impacts the organizing process often making their advice irrelevant or frustrating when put into application. Books about ADD may address organization/disorganization but do so in a cursory fashion and on a very small scale in what are usually long books on the subject. This is a book that has ADD-Friendly advice with the ADDer in mind. This collaboration brings forth the best underlying understanding with the most effective and practical remedy from ADD experts in two important fields -- professional organization and clinical psychology. Finally, it offers organizing advice that ranges from self-help to utilizing the help of non-professionals, to using professional assistance. Thus it permits the reader to decide where they are at personally in the organizing process, and what level of support will be most beneficial to their unique situation.

In an age when customers have access to vast amounts of data about a company, its product and its competitors, customer experience becomes increasingly important as a sustainable source of competitive advantage. But success doesn't just rely on digital engagement and excellence, but also on combining a digital-first attitude with a human touch. In When Digital Becomes Human, Steven Van Belleghem explores and explains the new digital relationships. Packed with global examples from organizations that have successfully transformed their customer relationships, such as Amazon, Toyota, ING, Coolblue, Nike and Starbucks, When Digital Becomes Human presents a clear model that companies can easily implement to integrate an emotional layer into their digital strategy. This guide to combining two of a business's most important assets - its people and its digital strengths - covers the latest issues in digital marketing and customer experience management, including omnichannel and multichannel experiences, big data and predictive analytics, privacy concerns, customer collaboration (ie crowdsourcing) and more.

When experience with uncontrollable events gives rise to the expectation that events in the future will also elude control, disruptions in motivation, emotion, and learning may ensue. "Learned help-

lessness" refers to the problems that arise in the wake of uncontrollability. First described in the 1960s among laboratory animals, learned helplessness has since been applied to a variety of human problems entailing inappropriate passivity and demoralization. While learned helplessness is best known as an explanation of depression, studies with both people and animals have mapped out the cognitive and biological aspects. The present volume, written by some of the most widely recognized leaders in the field, summarizes and integrates the theory, research, and application of learned helplessness. Each line of work is evaluated critically in terms of what is and is not known, and future directions are sketched. More generally, psychiatrists and psychologists in various specialties will be interested in the book's argument that a theory emphasizing personal control is of particular interest in the here and now, as individuality and control are such salient cultural topics.

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Reflects some of the major transition points in becoming a teacher and focuses explicitly on how issues of self and identity bear on these different points.

Alle docenten die lesgeven in het hbo moeten aan de Basiskwalificatie Didactische Bekwaamheid (BDB) voldoen. Dit boek is een hulpmiddel voor docenten om deze kwalificatie te verkrijgen en biedt inspiratie om te werken aan de competenties 'ontwerpen' en 'doceren'. Het uitgangspunt in dit boek is de didactische visie die ook beschreven is in het boek 'Activerend opleiden. Didactiek voor resultaatgericht beroepsonderwijs' van dezelfde auteurs. Deze visie is nu verder geoptimaliseerd. Activerende didactiek is een methode van lesgeven die inspeelt op verschillen tussen studenten. Het accent in dit boek ligt op de didactiek met betrekking tot het ontwerpen en uitvoeren van onderwijs en is opgezet vanuit praktische vragen waarmee docenten in het hoger beroep-

sonderwijs vaak geconfronteerd worden. Het gaat om vragen als: Hoe bereid ik mijn lessen, trainingen of workshops voor? Hoe vind of maak ik materiaal voor mijn lessen? En, hoe kan ik studenten uitdagen? Activerende didactiek maakt het onderwijs meer gedifferentieerd, waardoor de talenten van studenten beter benut worden. De vele praktische voorbeelden en tips in dit boek zijn afkomstig uit de praktijk van verschillende hogescholen en toegespitst op de BDB. De reflectievragen en portfolio-opdrachten helpen bij het inschatten van de eigen bekwaamheid op het gebied van ontwerpen en doceren. Activerende didactiek - Gevarieerd lesgeven in het hoger beroepsonderwijs is in eerste instantie bestemd voor hbo-docenten. Daarnaast kunnen ook mbo-docenten, docenten voortgezet- en basisonderwijs, trainers, facilitatoren, bedrijfsopleiders, praktijkopleiders, studieloopbaanbegeleiders, mentoren, coaches en docenten betrokken bij volwasseneneducatie met dit boek werken aan hun didactische kwaliteiten.