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I love this unique pistachio and kale green smoothie. Pistachios are a good source of protein, vitamin K and potassium with fewer calories compared to other nuts. When eaten in moderation, pistachios can help you in managing your weight and heart health. They also make this smoothie unique! Eating pistachios regularly

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All Nutribullet Recipes

1 Banana, frozen. 1/2 cup Strawberries. 1 1/2 cup Almond Milk, vanilla, unsweetened. 1 tbs Chia Seeds.

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