
Download File PDF Postgraduate Orthopaedics The Candidates Guide To The FrCs Tr Orth Examination

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XWQDPM - LAYLAH MALAKI

The must-have Candidate's Guide to the FRCS (Tr and Orth) Examination has been extensively revised, updated and expanded in this second edition. This definitive book - giving guidance on all aspects of the examination and preparation - has been specifically written to get you through the exam. If you are facing the FRCS (Tr and Orth) in the next year or two, you need this book! This edition features five new chapters: surgical approaches, anatomy, SAS doctors, article 14 and the FRCS (Tr and Orth) exam and musculoskeletal tumours. All of the other chapters have been thoroughly revised to improve the content and cover the syllabus more comprehensively. The written section covers the new MCQ/EMI format and includes tips and tactics for success. The numerous examples of actual FRCS (Tr and Orth) cases and viva questions (and how to deal with them) are a gold mine for candidates and help to make this title an essential read.

This book provides a detailed clinical examination of various orthopedic joints. Each chapter covers the relevant anatomical aspects, as well as basic and advanced tests that can help to understand the patient's condition and arrive at an appropriate diagnosis. The book includes a wealth of step-by-step illustrations, clinical photographs, algorithms and flowcharts to aid in decision-making. Written by established experts, concise and informative, it offers a valuable guide for all orthopedic residents, and for medical students.

This is the first revision book to be published specifically for candidates sitting the FRCS(Urol) examination, which tests the required standard of a recognised Urology specialist. It provides a selection of common clinical scenarios together with a guide to answering

the FRCS(Urol) questions. Each chapter is written by Consultant Urological Surge

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What do you need to do before sitting the written component of the FRCS (Tr and Orth) examination? Practice, practice, practice. Sadly the MCQs and EMQs in the actual examination are not this straightforward. This book will help the orthopaedic surgeon preparing for the written part of the examination to be ready to face the task ahead. The MCQs and EMQs appear in the same format as the examination and cover the syllabus topics. Divided into subspecialty chapters, including trauma and basic science, this book is ideal for use alongside a revision plan. The questions have detailed answers and selected references, arming readers with the knowledge they need to approach the topic correctly. Written by recent, successful examination candidates, this question-and-answer-based revision guide is ideal preparation for the FRCS (Tr and Orth) examination as well as being helpful for other postgraduate orthopaedic exams.

Provides guidance on how to perform a wide-variety of techniques in spine surgery. Topics covered include immobilization techniques, anterior and posterior approaches, and thoracic spine surgery.

The opioid overdose epidemic combined with the need to reduce the burden of acute pain poses a public health challenge. To address how evidence-based clinical practice guidelines for prescribing opioids for acute pain might help meet this challenge, Framing Opioid Prescribing Guidelines for Acute Pain: Developing the Evidence develops a framework to evaluate existing clinical practice guidelines for prescribing opioids for acute pain indications, recommends indications for which new evidence-based guidelines should be developed, and recommends a future research agenda to inform and enable specialty organizations to develop and disseminate evidence-based clinical practice guidelines for prescribing opioids to treat acute pain indications. The recommendations of this study will assist professional societies, health care organizations, and local, state, and national agencies to develop clinical practice guidelines for opioid prescribing for acute pain. Such a framework could inform the development of opioid prescribing guidelines and ensure systematic and standardized methods for evaluating evidence, translating knowledge, and formulating recommendations for practice.

"Cracking the Intercollegiate General Surgery FRCS Viva: A Revision Guide 2e provides the framework and knowledge to pass the non-subspecialty sections of the FRCS (General Surgery) viva and

clinical examination. This comprehensive and up to date revision text covers all essential topics in critical care, emergency and general surgery as well as critical appraisal of research papers, basic statistics and data manipulation for the academic section. This essential revision guide provides you with the vital points for each topic, presented in a concise, structured manner and referenced where appropriate. It is essential reading for anyone preparing for the FRCS General Surgery exam"--

Over 1,000 single best answer questions prepare candidates for success in their FRCS (Tr&Orth) exam with detailed evidence-based explanations.

Do you want to know what a parametric test is and when not to perform one? Do you get confused between odds ratios and relative risks? Want to understand the difference between sensitivity and specificity? Would like to find out what the fuss is about Bayes' theorem? Then this book is for you! Physicians need to understand the principles behind medical statistics. They don't need to learn the formula. The software knows it already! This book explains the fundamental concepts of medical statistics so that the learner will become confident in performing the most commonly used statistical tests. Each chapter is rich in anecdotes, illustrations, questions, and answers. Not enough? There is more material online with links to free statistical software, webpages, multimedia content, a practice dataset to get hands-on with data analysis, and a Single Best Answer questionnaire for the exam.

This extensively revised and redesigned edition of Adams's classic textbook on orthopaedics celebrates its 50th year in print. Renown for its clear, comprehensive and concise account of the subject the book will appeal to undergraduate, postgraduate and trainee surgeons alike. New edition of an internationally respected and successful textbook of orthopaedics. Gives succinct practical guidance on examination of the limbs and spine - especially useful for exam candidates. Provides up-to-date surgical therapies as well as conservative treatment options for orthopaedic conditions. Highly praised by reviewers for its clear and lucid text, and for its logical classification of orthopaedic conditions. A new author team includes a specialist contributor on imaging techniques. The sections on clinical methods and diagnostic techniques have been expanded in particular, those on new imaging modalities. Includes recent advances in minimal access surgery. Includes expanded coverage of hip surgery, spinal surgery and reconstruc-

tion. Includes a discussion of the role of genetics in the diagnosis of bone disorders. A revised, two-colour page design now matches that of its sister title Outline of Fractures. The extended artwork programme now includes more line drawings, new radiographs, MRI and CT scans.

These concise revision notes are aimed at candidates preparing for UK and international FRCS (Trauma & Orthopaedics) exit examination as well as the European Board (EBOT) and SICOT diplomas. The book has been written in an easy to read style, with a focus on being an exam candidate's companion for quick revision on the go. Candidates are usually caught between a busy job and the demands of these challenging exams. This book covers the depth and breadth of Trauma & Orthopaedics knowledge to help candidates sail through the Fellowship exit examinations. We have aimed to provide a high quality one stop concise knowledge bank to cover the whole syllabus of Trauma & Orthopaedics in a well organised bullet point style. This will provide a useful resource for both part 1 (MCQs, EMQs) as well as part 2 (Viva and Clinical) components of the exit examinations. It is an ideal companion to complement your preparation for the examination with the most useful information presented in the most succinct manner. The authors are senior members of the FRCS Mentor Group who have between them ample up to date experience and knowledge with the Fellowship examination. They have attended most postgraduate orthopaedic courses in the UK and internationally, and have reviewed all relevant exam book. They have excellent track records of helping many candidates to pass their exams. This book is complemented by hundreds of diagrams, illustrations, radiographs and clinical images. There are QR codes interspersed within the chapters which when scanned using your smartphone camera, link up to either the corresponding open-access seminal paper or to a YouTube video pertaining to the topic discussed. We look forward to the readers' feedback that will help us immensely to improve the contents in the next edition for the benefit of future orthopaedic aspirants. Head over to Amazon, Google Books and to BookAuthority.org to leave a review, or write to the email below. We also invite anyone who is interested to become an author of the next edition, or to discuss future collaboration or sponsorship opportunities to contact the editor on: thefrcsmentor@gmail.com

Basic Orthopaedic Sciences is a brand new book for trainees in or-

thopaedic surgery covering all aspects of musculoskeletal basic sciences that are relevant to the practice of orthopaedics, as assessed in the FRCS Higher Specialty exams. Based on the authoritative 'Stanmore course' run by the Royal National Orthopaedic Hospital, the book contains enough information to serve as a concise textbook while its emphasis is on revision. The book is a guide to the basic sciences underpinning the practice of orthopaedic surgery, covering aspects of biomechanics, biomaterials, cell & microbiology, histology, structure & function, immunology, pharmacology, statistics, physics of imaging techniques, and kinesiology as relevant to the subject of orthopaedics. The book will help trainees understand the science that underpins the clinical practice of orthopaedics, an often neglected area in orthopaedic training. It covers the breadth of topics in orthopaedic basic science achieving a balance between readability and comprehensive detail. Basic Orthopaedic Sciences is an invaluable guide for all trainees in orthopaedics and trauma preparing for the FRCS, as well as for surgeons at MRCS level.

Orthopaedic surgery is the specialty that manages acute and chronic conditions of the bony skeleton and the soft tissue that are associated with them. Its scope is far reaching which means there is a wide range of traumatic injuries that may present during an on-call shift. Its unpredictability tends to cause anxiety and stress to the on-call orthopaedic doctor. An organised approach to patient assessment and management will help mitigate this. This book aims to give the junior orthopaedic surgeon an introductory grasp of the specialty whilst also challenging the more experienced orthopaedic trainee to think more holistically about any cases being referred. Using it as a survival guide' the reader will learn how to take emergency referrals for patients from the ED, and institute initial management of common orthopaedic presentations before recruiting the help of a senior. The reader will also learn about day-to-day management of in-patients on the ward, as well as dealing with patients in the clinic environment. Finally, practical step-by-step guidance is provided for minor surgical procedures, often performed by the junior orthopaedic surgeon. This book will serve you well if read prior to starting your first job in orthopaedic surgery, but will also remain a valuable resource on a day-to-day basis as a concise, quick-reference text. From basic clerking, basic classifications, early management, pitfalls and even theatre preparation, we hope that this book will act as a se-

nior trauma doctor in your pocket'. Help is always available; we hope this is your first port of call!

This new book is targeted at higher trainees in orthopaedic surgery preparing for the second part of the FRCS (Tr & Orth) exam. The exam involves a set of vivas during which a range of topics is discussed, the aim being to demonstrate trauma safety and competence rather than trauma expertise. Examiners may use props such as models, clinical pictures, clinical studies, and x-rays to introduce topics and initiate discussion. This book uses a similar model to allow the candidate to practise key topics for discussion with common presentations and histories, and high quality x-rays. The book lends itself to individual and small group learning as trainees prepare for their examinations.

For nearly a quarter century Miller's Review of Orthopaedics and the accompanying annual Miller Review Course (www.MillerReview.org) have been must-have resources that residents and practitioners have turned to for efficient and effective exam preparation. This 7th Edition continues to provide complete coverage of the field's most-tested topics, now reorganized to be more intuitive, more user-friendly, and easier to read. Numerous study aids help you ace your exams: a superb art program, including full-color tables, images, and pathology slides; improved concise, bulletted text design; "testable facts" in every chapter; multiple-choice review questions written by experts in the field; and much more. Content and topic emphasis are fully aligned with the ABOS (American Board of Orthopaedic Surgery) and OITE (Orthopaedic In-Service Training Exam) exams, giving you the confidence you need to prepare for certification and recertification. Completely revised sections on anatomy, spine, and tumors, along with input from many new authors, keep you fully up to date. An increased emphasis on imaging, along with the most current results and techniques, ensure that you're prepared for today's exams. Includes new coverage of femoroacetabular impingement, spine trauma, common medications used in orthopaedics, and recent advances in basic sciences.

Examination Techniques in Orthopaedics comprehensively covers the basic examination skills and important special tests needed to evaluate the adult and paediatric musculoskeletal system. Chapters are presented in an easy-to-read, memorable format, helping readers develop their own detailed framework for patient examination as well as promoting exam success. For this new edi-

tion, all of the chapters have been rewritten in a uniform style and a chapter on general principles has been added. Each chapter is illustrated by clinical photographs and photographs demonstrating the techniques on models, and includes a summary of techniques, which readers will find useful in exam preparation. The contributing authors are experienced in teaching clinical examination both in the hospital setting and on national courses, and furthermore, many are examiners with firsthand awareness of what candidates need to know. Invaluable reading for those taking undergraduate and postgraduate examinations, practising orthopaedic surgeons, physiotherapists, general practitioners, medical students and rheumatologists.

This book has been written specifically for candidates sitting the oral part of the FRCS (Tr & Orth) examination. It presents a selection of questions arising from common clinical scenarios along with detailed model answers. The emphasis is on current concepts, evidence-based medicine and major exam topics. Edited by the team behind the successful Candidate's Guide to the FRCS (Tr & Orth) Examination, the book is structured according to the four major sections of the examination; adult elective orthopaedics, trauma, children's/hands and upper limb and applied basic science. An introductory section gives general exam guidance and end section covers common diagrams that you may be asked to draw out. Each chapter is written by a recent (successful) examination candidate and the style of each reflects the author's experience and their opinions on the best tactics for first-time success. If you are facing the FRCS (Tr & Orth) you need this book.

Following on from the highly successful first edition, published in 2006, the second edition of Basic Orthopaedic Sciences has been fully updated and revised, with every chapter rewritten to reflect the latest research and practice. The book encompasses all aspects of musculoskeletal basic sciences that are relevant to the practice of orthopaedics and that are featured and assessed in higher specialty exams. While its emphasis is on revision, the book contains enough information to serve as a concise textbook, making it an invaluable guide for all trainees in orthopaedics and trauma preparing for the FRCS (Tr & Orth) as well as for surgeons at MRCS level, and other clinicians seeking an authoritative guide. The book helps the reader understand the science that underpins the clinical practice of orthopaedics, an often neglected area in orthopaedic training, achieving a balance between readability and

comprehensive detail. Topics covered include biomechanics, biomaterials, cell & microbiology, histology, structure & function, immunology, pharmacology, statistics, physics of imaging techniques, and kinesiology.

Medical students lack information on preparing for clinical surgical finals, particularly on common mistakes and the features which identify successful candidates. The Ultimate Guide to Passing Surgical Clinical Finals is an accessible and comprehensive preparation aid, equipping final year medical students with the knowledge and skills that they are expected to demonstrate both in clinical surgical finals and in clinical practice as junior doctors. Its tutorial-style approach provides advice on how to think logically, speak coherently, and demonstrate both breadth and depth of knowledge - all key hallmarks of successful candidates. The book's broad approach reflects the full range of skills and knowledge covered by modern curricula, including instruments, procedures and the increasing use of surgical imaging. It is vital reading for clinical year medical students preparing for final examinations in surgery, and for postgraduate students who wish to improve their presentation, viva and OSCE clinical examination skills. 'This book's approach is in the best surgical traditions of ordered thinking when it comes to the examination itself. I admire this book and commend it to you.' - From the Foreword by David E Khoo

Palliative care has become increasingly important across the spectrum of healthcare, and with it, the need for education and training of a broad range of medical practitioners not previously associated with this field of care. Part of the Integrating Palliative Care series, this volume on surgical palliative care guides readers through the core palliative skills and knowledge needed to deliver high value care for patients with life-limiting, critical, and terminal illness under surgical care. Chapters explore the historical, philosophical, and spiritual principles of surgical palliative care, and follow the progression of the seriously ill surgical patient's journey from the pre-operative encounter, to the invasive procedure, to the post-operative setting, and on to survivorship. An overview of the future of surgical palliative care education and research rounds out the text. Surgical Palliative Care is an ideal resource for surgeons, surgical nurses, intensivists, and other practitioners who wish to learn more about integrating palliative care into the surgical field.

Featuring a wealth of practice questions, MRCS Part A: 500 SBAs and EMQs allows trainees to test themselves on everything they need to know to pass the MRCS Part A exam.

Providing core orthopaedic knowledge, tactics and pre-exam planning, this is the definitive guide to the FRCS (Tr & Orth) examination.

This book provides a comprehensive, evidence-based guide on how to manage pediatric orthopedic problems safely and confidently. The format allows the reader to identify key points whilst working in their busy clinical practice. Each chapter is co-written by an orthopedic surgeon and general practitioner to ensure the content is relevant to primary care, but also sufficiently detailed to meet the needs of those in specialist training. The book is divided into two parts; general topics including assessment, normal variants, infections and specific disorders; followed by a section based on specific anatomical regions. Pediatric Orthopedics for Primary Healthcare: Evidence-Based Practice will be an essential resource for a wide audience including but not limited to general practitioners and trainees, pediatric orthopedic surgeons, trauma surgeons, orthopedic residents, emergency department doctors, physiotherapists, podiatrists and medical students who are seeking a concise, yet comprehensive evidence-based resource for this important specialty.

This book, first published in 2002, covers clinical examination in orthopaedics at an advanced level, bringing together important techniques and concepts that can normally only be found in large, specialist surgical texts. It adopts a systemic approach, taking each region in turn, and uses bullet points, key information tables, algorithms, summary boxes and clear photographs or line drawings to present information in an easy-to-read way and to highlight important hints and common pitfalls.

Brings together what every trainee orthopaedic surgeon needs to know about approaching paediatric cases for examinations and clinical practice.

Successfully navigate key topics required to master the FRCS (Tr & Orth) exam with confidence, using this thoroughly revised second edition.

Orthopedic experts in their field have carefully chosen what they consider to be the key papers in their respective domains. Every paper is carefully described and evaluated by its strengths, weaknesses and its contribution to the field. Papers have been chosen

by number of citations, academic importance, articles that have changed our whole way of thinking or that have simply stood the test of time.

This book includes a foreword by Nicola Maffulli, Professor of Trauma and Orthopaedic Surgery, Keele University School of Medicine, and Consultant Trauma and Orthopaedic Surgeon, North Staffordshire Royal Infirmary and City General Hospital, Staffordshire. The new structure of the Fellowship of the Royal College of Surgeons (FRCS) examination requires candidates to complete two papers in extended matching question (EMQ) and multiple choice question (MCQ) format. This invaluable revision aid contains a 'bank' of over 350 questions in self-test format. Comprehensive answers are detailed at the end of each section. With a focus on high-yield topics, students can choose use the resource in the early stages as an overview of the subjects, then later as an ideal exam revision aid. There's nothing else like it! Specialist registrars preparing for the FRCS (Trauma and Orthopaedics) examination will find this an essential revision aid. It is also useful for Basic Surgical Trainees preparing for the Membership of the Royal College of Surgeons (MRCS) examination.

Winner of the Paediatrics category at the BMA Book Awards 2015 About to start a paediatrics rotation? Working with children for the first time? Thinking about a career in paediatrics? The Hands-on Guide to Practical Paediatrics is the ultimate practical guide for medical students encountering paediatrics for the first time, junior doctors thinking about working with children, and new paediatric trainees. It's full of vital information on practical procedures, prescribing for young patients, and communicating with children and young people, as well as guidance on the paediatric training programme and paediatrics as a career. Full of clinical tips, and covering key information on developmental stages, common paediatric emergencies and ethical dilemmas, and child protection, The Hands-on Guide to Practical Paediatrics is also supported by online resources including practice prescribing scenarios and video content at www.wileyhandsonguides.com/paediatrics Take the stress out of paediatrics with The Hands-on Guide!

This book is a 'go-to' guide for postgraduate Orthopaedic examinations as well as for Orthopaedic surgeons for trauma and elective foot and ankle surgery. A streamlined approach ensures that the 22 core topics are covered in a succinct and practical way. Foot and ankle surgery is a vast topic that can be daunting to revise

due to the complex and diverse nature of associated pathologies. This highly illustrated succinct text, together with key learning points ensures a rapid understanding of all the essential elements of foot and ankle surgery. * Provides 'need -to-know' information for Orthopaedic surgeons * Assists with exam preparation for post-graduate exit exams such as the FRCS (Trauma & Orth) * Simple, succinct and concise * Over 500 illustrations to aid learning * Accompanying website with MCQs and videos of clinical examination and surgical techniques Orthopaedic surgeons, registrars and trainees, other specialty doctors, general practitioners and physiotherapists with musculoskeletal interest and podiatrists will all find here 'gold standard' answers to foot and ankle conditions. Orthopaedic surgery is one of the fastest developing and dynamic branches of medicine. The pace of innovation and changing concepts is truly remarkable. Orthopaedic residents and surgeons are expected to stay abreast of the changes and this may be a daunting prospect. This book is intended to provide the reader with an up-to-date overview of current orthopaedic practice. Emphasis has been placed on modern practice and treatment methods. References cited are the most current or landmark articles related to the topic and have been incorporated as an annotation alongside the text. The book will serve as a useful aid for candidates preparing for final exams in orthopaedics, both in the UK and abroad. In addition, medical students, physiotherapists and surgeons in training may find this a practical reference tool for orthopaedic conditions.

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominant with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year Medical Student

This book provides a refined clinical guide for evidence-based recommendations in paediatric orthopaedics. Focusing on specific body regions (hip, knees, ankle and feet, spine, shoulder, elbow and wrist and hand) this resource addresses clinical questions re-

lated to conditions in these areas. A background section in each chapter sets the scene for the best available practice and also appraises the evidence for its strength and weakness. At the end of each chapter, the authors' provide recommendations on future research. Evidence-Based Paediatric Orthopaedics: The Best Answers to Clinical Questions has been edited by a team of surgeons with a great interest in evidence-based practice who have brought together an international experts to produce this timely book. A wide spectrum audience including paediatric orthopaedic surgeons, trauma surgeons, orthopaedic residents, emergency department doctors, general practitioners and medical students looking for an evidence based approach to paediatric orthopaedics will find this book to be an essential guide for clinical practice.

This book serves as a definitive guide to diagnosing shoulder conditions for all levels of orthopaedic surgeon with an interest in shoulder pathology, and for junior surgeons in training. It comes at a time when the knowledge regarding shoulder conditions has

vastly improved, with the shoulder sub-speciality growing at a rapid pace in terms of practitioner numbers, procedures and evidence-base. However, with the multitude of special tests for shoulder conditions, the clinician faces a variety of sensitivities and specificities of the respective tests. It is unclear, in most circumstances, which single test is the best and growing evidence confirms that a set of tests is superior for diagnosing shoulder conditions. This forms the basis of cluster testing, which is the key concept for the title and content of this book. In many common shoulder diagnoses the preference for clusters has been reflected in both experience and clinical evidence, but for conditions where evidence for clusters is less clear, a consensus-based approach is utilised by the authors of this key resource for diagnosing shoulder conditions.

The FRCS (Tr+Orth) exam is a serious challenge for Orthopaedic Specialist Registrars and represents one of the final hurdles on the path to becoming a Consultant Orthopaedic Surgeon. Trauma for the FRCS (Tr+Orth) Examination is a dedicated revision re-

source for trauma that provides candidates with high quality self-assessment in order to maximise exam success. Written by expert consultants and senior trainees/fellows, this book features over 100 Single Best Answer Questions, over 70 Extended Matching Questions, and 70 Vivas specialising in trauma. Each answer contains an up to date explanation, and helpful sources for further reading to ensure quick identification of key areas you need to focus on more thoroughly. This revision resource is ideal for preparing you for the trauma questions within this challenging exam.

A comprehensive set of practice questions for trainees preparing for the FRCS Trauma & Orthopaedics exam.

This book is an invaluable guide for pathology trainees preparing for the FRCPATH Part 1 examination (UK). The book contains 625 multiple choice questions of single best answer and extended matching type; organized into 5 mock examinations. Answers and explanations are supplied for each question. The question style and standard are at the level of the FRCPATH Pt 1 examination.