

Read Free The Beauty Of Her Age A Tale Of Sex Scandal And Money In Victorian England

Right here, we have countless ebook **The Beauty Of Her Age A Tale Of Sex Scandal And Money In Victorian England** and collections to check out. We additionally give variant types and as well as type of the books to browse. The usual book, fiction, history, novel, scientific research, as capably as various new sorts of books are readily nearby here.

As this The Beauty Of Her Age A Tale Of Sex Scandal And Money In Victorian England, it ends happening mammal one of the favored ebook The Beauty Of Her Age A Tale Of Sex Scandal And Money In Victorian England collections that we have. This is why you remain in the best website to see the incredible book to have.

E12WQU - SANTOS CHRISTINE

In 1908, Florence Nightingale Graham moved from the suburbs of Toronto, Canada to Manhattan with dreams of becoming a self-made woman. Within two years, she opened her first beauty salon on Fifth Avenue. Adopting the same name as her company, Elizabeth Arden went on to pioneer the global beauty industry (valued at \$532 billion today). At a time when women didn't have the right to vote, Elizabeth became one of the wealthiest self-made women in the world and the first businesswoman to grace the cover of Time magazine. By the end of the 1930s, it was said "there are only three American names known in every single corner of the globe: Singer Sewing, Coca Cola, and Elizabeth Arden." One hundred years later, in 2008, at the age of eighteen, Louise Johnson moved from the suburbs of Toronto, Canada to Manhattan to begin her dream internship at the cosmetic giant, Elizabeth Arden. She knew nothing about the beauty industry, but was fascinated by the woman behind the brand whose inspiring legacy was at risk of falling through the cracks of history. Although they lived a century apart, Elizabeth became Louise's invisible guide as she tried her "successful" lifestyle on for size, with a big career in a big city—but behind the glitz and the glamour, they soon struggled to recognize their true selves. Who are we really behind the makeup we put on our faces? Behind the social media highlight reels? Behind the personas we (consciously and subconsciously) present to the world? This book brings you behind the red doors of Arden, while Louise's story serves to highlight how much (or how little) has changed a century later. What began as a desire to preserve Elizabeth's place in history, evolved into an examination of her coming-of-age in the beauty industry and a cultural excavation on a much larger thread that connects us all. Ultimately, this book is about identity and how we learn to navigate the world to find our best self, even if it's on a different path than we originally anticipated.

The Age of Wonder is a colorful and utterly absorbing history of the men and women whose discoveries and inventions at the end of the eighteenth century gave birth to the Romantic Age of Science. When young Joseph Banks stepped onto a Tahitian beach in 1769, he hoped to discover Paradise. Inspired by the scientific ferment sweeping through Britain, the botanist had sailed with Captain Cook in search of new worlds. Other voyages of discovery—astronomical, chemical, poetical, philosophical—swiftly follow in Richard Holmes's thrilling evocation of the second scientific revolution. Through the lives of William Herschel and his sister Caroline, who forever changed the public conception of the solar system; of Humphry Davy, whose near-suicidal gas experiments revolutionized chemistry; and of the great Romantic writers, from Mary Shelley to Coleridge and Keats, who were inspired by the scientific breakthroughs of their day, Holmes brings to life the era in which we first realized both the awe-inspiring and the frightening possibilities of science—an era whose consequences are with us still. **BONUS MATERIAL:** This ebook edition includes an excerpt from Richard Holmes's *Falling Upwards*.

The story of a French ballerina who became richer than the Queen. Jennifer Roberts unearths this fascinating story of sex, scandal and money, and proves that truth really can be stranger than fiction.

Essential Oils for Age 50+ 52 Essential Oil Recipes to Fill Your Body with Health, Strength and Beauty Essential Oils for Age 50+: 52 Essential Oils Recipes to Fill Your Body with Health, Strengths and Beauty is a book you do not want to miss if you care about how you feel and how you look. It gives you a wide range of essential oil recipes to choose from, all of which you can make on your own. The ingredients are readily available, and the preparation does not require any machines. Moreover, you can use one preparation for a reasonable period without the content losing its potency. From this book you are going to learn: How to keep your skin looking young How to keep your brain functioning in a youthful way How to keep your hair looking healthy, youthful and attractive How to maintain healthy memory despite your age Download your E book "Essential Oils for Age 50+: 52 Essential Oil Recipes to Fill Your Body with Health, Strength and Beauty" by scrolling up and clicking "Buy Now with 1-Click" button!

Drawing from a variety of sources from ageing research, history and gender studies, this book is a rich exploration of the baby boomers - those coming of age in the sixties and now entering old age - the influences that have shaped how they perceive ageing appearance, define ageing and beauty, and the meaning of appearance, beauty, and identity.

Two teens fall in love and must decide whether to fit in or stand

out in this sophomore young adult novel by Tanaz Bhathena, *The Beauty of the Moment*. Susan is the new girl—she's sharp and driven, and strives to meet her parents' expectations of excellence. Malcolm is the bad boy—he started raising hell at age fifteen, after his mom died of cancer, and has had a reputation ever since. Susan's parents are on the verge of divorce. Malcolm's dad is a known adulterer. Susan hasn't told anyone, but she wants to be an artist. Malcolm doesn't know what he wants—until he meets her. Love is messy and families are messier, but in spite of their burdens, Susan and Malcolm fall for each other. The ways they drift apart and come back together are testaments to family, culture, and being true to who you are.

The story of Joseph and Aseneth is a fascinating expansion of the narrative in Genesis of Joseph in Egypt, and in particular, of his marriage to the daughter of an Egyptian priest. This study examines the portrayal of Aseneth's transformation in the text, focusing on three perspectives. How did Aseneth's encounter with Joseph and her subsequent transformation affect various aspects of her identity in the narrative? In what ways do the portrayals of Aseneth, her transformation, and her abode relate to select metaphors and other symbolic features depicted in the Septuagint, the Hebrew Bible, and the Pseudepigrapha? And, how do the ritualized components through which Aseneth's transformation occurred function in the narrative, and why are they perceived as effective? In order to shed light on these facets of Joseph and Aseneth, the author draws on the contemporary approaches of intersectionality, conceptual blending, intertextual blending, and the cognitive theory of rituals, using these theoretical frameworks to explore and illuminate the complexity of Aseneth's transformation.

Their gorgeous faces stare out at us from the glossy pages of magazines or appear larger-than-life on movie screens. With role models such as these, it's easy to find yourself wanting. During his 25-year career as a plastic surgeon, Dr. Robert M. Tornambe has worked with thousands of women and spent countless hours contemplating the nature of beauty—particularly in situations where he was asked to perform a procedure he believed would diminish his patient's natural good looks. In an attempt to provide as many options as possible, he focused on helping women understand that while surgery has its place, it isn't the only roadmap to looking and feeling great. This focus led Dr. Tornambe to devise *The Beauty Quotient Formula*—a much more useful way to look at beauty. While physical traits do play a role in beauty, Dr. Tornambe shows us that what makes any woman truly attractive is based largely on confidence, charisma, personality, and a solid beauty routine—and that more often than not, going under the knife isn't necessary. *The Beauty Quotient Formula* begins with a detailed quiz that helps you identify your strengths and weaknesses so you can work to enhance your intrinsic good qualities. Your answers to the quiz will point you toward specific parts of Dr. Tornambe's unique beauty regimen covering everything from firming your body, to improving your skin, to dealing with social anxiety, to perfecting your unique style. *The Beauty Quotient Formula* will help you transform yourself with a no-fail method for looking and feeling more beautiful!

The information provided in this book is about aging challenges and how to overcome them. It's about helping you make the right choices that will give you an opportunity to reflect on your health, lifestyle and ultimately the process of aging. Gone are the days when reversing the aging process was an elusive dream. The aptitude to look younger than your age is not only a reality but achievable by anyone who is willing to make the right healthy choices. The beauty of it is that you don't have to spend a lot of money to look younger. This book reveals anti-aging secrets you've been seeking. A wide range of factors can make anti-aging revolution a reality for those who are ready to take time, understand and assume the responsibility for their own well-being. Each chapter in this book will provide specific information on what adjustments you need to make in your life, not only live longer but to look younger as well. From breaking your bad habits you already have and replacing it with the food and supplements you need to take, you are going to understand that aging is a phenomenon beyond human control. We are going to uncover solutions on how to counter its effects. Unlike what most of us think, looking younger and living longer boils down to making very simple changes in your life. After reading this book, you will be surprised to know how thin the line between a youthful look and old age really is.

Discover the Art of Aging Gracefully At age sixty-eight, cover model Valerie Ramsey is the new face of beauty. She has appeared in magazines and ad campaigns and on runways and television.

Now, in her wonderfully inspiring new book, Valerie shares a lifetime of hard-earned wisdom, insider secrets, and practical advice on how to look and feel your best—inside and out—at any age. *Gracefully* includes: Proven nutrition secrets for staying slim and healthy Professional beauty tips for looking your best Personal visualizations for living your dreams Positive workouts for your body, mind, and soul "Gracefully is simply wonderful. Valerie Ramsey is living proof that being older than fifty can be exciting, healthy, and sexy." --Christiane Northrup, M.D., author of *Mother-Daughter Wisdom*, *The Wisdom of Menopause*, and *Women's Bodies, Women's Wisdom* "Valerie Ramsey is the new face, style, and attitude of aging. In *Gracefully* she inspires us to bring out the best in ourselves—physically, mentally, and spiritually—in order to make the fifty-plus years the best years of our lives. A terrific, uplifting, and informative book." --Ken Dychtwald, Ph.D., president and CEO of Age Wave and author of *Bodymind*, *Healthy Aging*, *The Age Wave*, and *The Power Years* "I like the snappy way this gal thinks. She sends out a powerful message!" --Rue McClanahan, Emmy Award-winning actress and author of *My First Five Husbands* . . . and *The Ones Who Got Away*

The bestselling classic that redefined our view of the relationship between beauty and female identity. In today's world, women have more power, legal recognition, and professional success than ever before. Alongside the evident progress of the women's movement, however, writer and journalist Naomi Wolf is troubled by a different kind of social control, which, she argues, may prove just as restrictive as the traditional image of homemaker and wife. It's the beauty myth, an obsession with physical perfection that traps the modern woman in an endless spiral of hope, self-consciousness, and self-hatred as she tries to fulfill society's impossible definition of "the flawless beauty."

Living the Life More Fabulous will be pounced on by older women who will find it instructive, reassuring and like a best friend, full of friendly advice! Joanna Lumley There has never been a better time to be an older woman. We are fitter, healthier and living longer than at any time in history. My intention is to show you how to live your extra bonus of time as fabulously as possible. Living the Life More Fabulous is an irresistible guide to feeling great, whatever your age. Featuring topics such as beauty, style, confidence and health it provides advice on how to live an engaged life and keep an active mind. Whether you are looking for ideas to update your look, improve your general well-being or take an exciting or much-needed new direction, this book will encourage and empower you to live your life to the full.

Volume contains: 145 NY 601 (Matter of Brugh) Unreported Case (Matter of Brugh) Unreported Case (Matter of Brugh)

Face it -- women fall into a beauty rut at a certain age, when their tried-and-true makeup techniques just aren't working anymore. That's when you know it's time for a Makeup Wakeup! Beauty experts Lois Joy Johnson and Sandy Linter say it's time to learn what will work for women 40+ now. The Makeup Wakeup shares Lois and Sandy's inside information on what stars do; how to face demons like brow abuse and sun damage; even a fail-proof shopping guide. Though focused on the simplicity of makeup, the authors also consulted with three prominent doctors to address the concerns of women who opt for cosmetic procedures. Lois and Sandy say: "Women 40+ tell us they feel invisible in a world of beauty that is really marketing to younger women. We felt a need to write a beauty guide we'd read ourselves, one that solved the kinds of issues women face every day."

Reproduction of the original: *The Girl of the Period and Other Social Essays*, Vol. I (of 2) by Eliza Lynn Linton

Knock a staggering two decades off your biological age in only two months. Find out how old you really are with 13 simple tests, then set to working on improving your score with visible results in days. **TURN BACK YOUR AGE CLOCK** tells you everything you need to know to become your own anti-aging guru: how to transform your body inside and out with diet, beauty and workout plans; how to stay on track; and how to improve your overall health, fitness and longevity.

This collection is based on the required reading list of Yale Department of Classics. Originally designed for students, this anthology is meant for everyone eager to know more about the history and literature of this period, interested in poetry, philosophy and rhetoric of Ancient Rome. Latin literature is a natural successor of Ancient Greek literature. The beginning of Classic Roman literature dates to 240 BC. From that point on, Latin literature would flourish for the next six centuries. Latin was the language of the ancient Romans, but it was also the lingua franca of Western Europe throughout the Middle Ages. Consequently, Latin Literature out-

lived the Roman Empire and it included European writers who followed the fall of the Empire, from religious writers like Aquinas, to secular writers like Francis Bacon, Baruch Spinoza, and Isaac Newton. This collection presents all the major Classic Roman authors, including Cicero, Virgil, Ovid and Horace whose work intrigues and fascinates readers until this day. Content: Plautus: Aulularia Amphitryon Terence: Adelphoe Ennius: Annales Catullus: Poems and Fragments Lucretius: On the Nature of Things Julius Caesar: The Civil War Sallust: History of Catiline's Conspiracy Cicero: De Oratore Brutus Horace: The Odes The Epodes The Satires The Epistles The Art of Poetry Virgil: The Aeneid The Georgics Tibullus: Elegies Propertius: Elegies Cornelius Nepos: Lives of Eminent Commanders Ovid: The Metamorphoses Augustus: Res Gestae Divi Augusti Lucius Annaeus Seneca: Moral Letters to Lucilius Lucan: On the Civil War Persius: Satires Petronius: Satyricon Martial: Epigrams Pliny the Younger: Letters Tacitus: The Annals Quintilian: Institutio Oratoria Juvenal: Satires Suetonius: The Twelve Caesars Apuleius: The Metamorphoses Ammianus Marcellinus: The Roman History Saint Augustine of Hippo: The Confessions Claudian: Against Eutropius Boethius: The Consolation of Philosophy Plutarch: The Rise and Fall of Roman Supremacy: Romulus Poplicola Camillus Marcus Cato Lucullus Fabius Crassus Coriolanus Cato the Younger Cicero THE MINORITY REPORT- PRELUDE TO THE STATE OF THE WORLD This book contains an explosive cocktail of life altering information. The author assists his readers by helping to "remove the scales from their eyes". This book analyzes the hopelessness, despair, physical and spiritual death present in the minority community, and shows the connection to the assassinations of black leaders during the 60's and the dismantling of groups like the Panthers to the problems we see today. Kijani explains how the crack epidemic was spawned in the minority community and how the war on drugs began to erode our liberties. He also explains how hip-hop has played a role in glamorizing dope dealing and the senseless murder of our own people. He follows this by explaining that since the events of 9/11 how the state of the world has changed, and developments we see such as the push for globalization, RFID chips being implanted in humans, and a cashless society is being orchestrated by a secret society or global elite rooted in the occult paving the way for the antichrist. Truly not recommended for the faint of heart. Kijani implores his readers to WAKE UP-!!!!!!!

In this treasury of beauty secrets, Irons offers quick and affordable tips and tricks for looking and feeling great at any age. At seventy-three years young, #1 New York Times bestselling author and health guru Suzanne Somers has established herself as a leading voice on antiaging. With *A New Way to Age*, she "is at the forefront again, bringing seminal information to people, written in a way that all can understand" (Ray Kurzweil, author of *How to Create a Mind*) with this revolutionary philosophy for a longer and better-quality life that will make you feel like you've just had the best checkup ever. There is a new way to age. I'm doing it and it's the best decision I've ever made. I love this stage of my life: I have 'juice,' joy, wisdom, and perspective; I have energy, vitality, clearheadedness, and strong bones. Most of us are far too comfortable with the present paradigm of aging, which normalizes pills, nursing homes, and "the big three": heart disease, cancer, and Alzheimer's disease. But you don't have to accept this fate. Now there's a new way to grow older—with vibrancy, freedom, confidence, and a rockin' libido. This health bible from Suzanne Somers will explain how to stop aging like your parents and embrace cutting-edge techniques such as: balancing nutritional and mineral deficiencies; detoxifying your gut for weight loss; pain management with non-THC cannabis instead of harmful opioids; and much more. Aging well is mainly about the choices you make on a daily basis. It can be a fantastic process if you approach it wisely. After a lifetime of research, Suzanne came to a simple conclusion: what you lose in the aging process must be replaced with natural alternatives. In order to thrive you have to rid your body of chemicals and toxins. Start aging the new way today by joining Suzanne and her trailblazing doctors as they all but unearth the fountain of youth.

Emma Hamilton, much maligned by her contemporaries and later by historians and commentators, rose from the most humble beginnings to play a startling role in Britain's naval victory over France and Spain in 1805. In this new book Barry Gough, employing the letters between the protagonists, and the unpublished examination of her career by famed American historian of the Royal Navy Arthur Marder, strongly defends Emma. He shows how this most talented of women and the beauty of her age fell victim to innuendo, slander and cruel caricature. She was to die in poverty in Calais in 1815, just months before Napoleon's final defeat. England's greatest sailor fell deeply in love with Emma in the years before Trafalgar. This, together with his quest for glory and victory entangled him in an inescapable web of circumstances and calumny. The author explores the evolving scandal, the high political stakes that were involved, and the love affair itself which so influenced the fortunes of England's glory and the fate of her Wooden Walls. No novelist could have created such a tortuous scenario, charged as it was with high emotions, slurs, insults and slander. Richly illustrated throughout, the book shows Emma, probably the most painted woman of her age, in all her glories; it also shows how heartlessly caricaturists treated her. That Hamilton woman

will long remain a controversial figure but here the author places her as one of the forces that gave the Royal Navy its will to fight and conquer. He depicts sympathetically a woman entrapped in circumstances of her own making, her saga reminding us of how frail is human fortune.

The story of a French ballerina who became richer than the Queen.

Outlines diet and lifestyle recommendations based on the best-selling *The Beauty Detox Solution* and *The Beauty Detox Foods*, explaining how to align the mind and body to lose weight, conquer cravings and promote optimal health. Original. DigiCat Publishing presents to you this special edition of "The Holy Sinner" by Thomas Mann. DigiCat Publishing considers every written word to be a legacy of humankind. Every DigiCat book has been carefully reproduced for republishing in a new modern format. The books are available in print, as well as ebooks. DigiCat hopes you will treat this work with the acknowledgment and passion it deserves as a classic of world literature.

Worried about not ageing gracefully? Do you constantly find yourself wistfully wishing you could turn back the clock? The clock keeps ticking. That's inevitable. What we can do, however, is slow down the process and push further the visible signs of ageing. In *Age Erase*, renowned aesthetic physician Dr Rashmi Shetty will fill you in on the whats, whys, and hows of ageing, the reason why these changes occur, and how simple do's and don'ts can make a remarkable difference. Immerse yourself in insights on the latest advances in skin care, the right kind of nutrition, and cutting-edge anti-ageing solutions. From the latest advancements in aesthetic medicine to old-fashioned kitchen remedies that really work to grandmother antidotes, *Age Erase* unlocks the secrets of ageing gracefully.

As we age, our bodies go through a range of changes that can impact our appearance and overall health. These changes can be challenging to navigate, but with the right information and guidance, it is possible to age gracefully and maintain a vibrant and youthful appearance. In this book, we will explore the various aspects of ageless beauty, including skincare, hair care, makeup, fashion, and more. We will provide you with tips, tricks, and advice from experts in the field to help you look and feel your best, no matter your age. Throughout this book, you will find practical advice, scientific explanations, and inspiring stories of individuals who have embraced their age and achieved ageless beauty. You will learn how to care for your skin, hair, and body to promote a youthful appearance, and you will discover the latest trends in makeup and fashion that can help you look and feel your best. Our goal with this book is to empower you to embrace your age and celebrate your unique beauty. Whether you are in your 40s, 50s, 60s, or beyond, this book is for you. We believe that every man or woman has the potential to be ageless, and we are excited to share our knowledge and expertise with you. We want to thank our contributors, who have generously shared their expertise and wisdom with us. We would also like to thank our readers, who have supported us throughout the creation of this book. We hope that this book will inspire you to embrace your age and achieve ageless beauty, no matter your age or background. We invite you to join us on this journey towards ageless beauty. Let's celebrate the beauty of aging and embrace the golden years with grace, confidence, and style.

"An inspirational look at the beauty found within the Circle of Life." —The Times "A straightforward, clear-cut how-to book for putting a spark (or two!) back into your life. It truly describes the magical beauty to be found in the twilight years." —Yule Biyung, author and inspirational speaker Thomas and Cindy Senior are the best-selling husband-and-wife team who authored *Retiring Gracefully* and *Senior Sex: How to Rekindle the Sizzle in Your Bedroom*. In *The Joys of Getting Older* the tradition of their previous books, they have collected all their best advice and share their insights into how you can lead a happy and energetic life after reaching "that certain age." The Seniors are living out their dream retirement in sunny Florida, where hurricanes and theme parks provide routine stimulation in their lives.

During his 25-year career as a plastic surgeon, Dr. Robert M. Tornambe has seen many beautiful, yet insecure, women—of all ages—come to his office hoping to fundamentally alter their looks. Time after time, he wondered how these gorgeous women could doubt themselves. But more importantly, he wondered how he could show them that surgery wasn't the only roadmap to looking and feeling great. That's when he developed *The Beauty Quotient Formula*. This life-changing program begins with a self-administered quiz to determine a woman's unique BQ score—the higher the better. The score identifies areas in which she can raise her Beauty Quotient through lifestyle changes, health awareness, confidence improvement, and a keen fashion sense. Following the BQ quiz are Dr. Tornambe's beauty plans. Covering everything from dealing with social anxiety to firming up your body, these put her in control of her beauty—all without surgery! In addition to his insight into long-term improvement goals, Dr. Tornambe includes a quick makeover section that will help her prepare for any event, whether it's in four days or four weeks. *The Beauty Quotient Formula* helps women transform how they see themselves and provides a no-fail method for looking and feeling more beautiful—no matter what their age!

In Ted Bell's scorching follow-up to his New York Times bestseller *Assassin*, intrepid intelligence operative Alex Hawke must thwart a secret, deadly alliance between China and France before they annihilate everything and everyone in their headlong rush toward world domination. Aboard the *Star of Shanghai* in the south of France, an American spy is held captive. He possesses vital, explosive intelligence linking two nations and one horrifying plot. If he is not rescued, he faces certain torture and inevitable death. Nearby, in a seaside hotel, a man still haunted by the loss of his wife two years earlier finds comfort in the arms of a beautiful Chinese actress—but is she to be trusted? So begins *Pirate*, an electrifying thriller marking the return of international counterterrorist Alex Hawke. In Paris, a ruthless descendant of Napoleon has risen to power, hell-bent on restoring France's former glory. His fiery ambitions are cynically stoked by a coterie of cold-blooded Mandarins, plotting behind the gates of Beijing's Forbidden City. Cloaked in secrecy, this unholy alliance devises a twisted global plan, backed by China's growing nuclear arsenal, that will send America and the world to the brink of a gutwrenching showdown. With the aid of his old friend and former Navy SEAL, Stokely Jones, Hawke sets out to investigate the deadly connections that bind the French-Chinese axis. Together, they discover that a powerful German industrialist may hold the key, somewhere inside the walls of his Bavarian mountain lair. Meanwhile, clues to an old and gruesome murder in Paris lead to New York City, where horrifying evidence could finally bring a madman to his knees. In the end, as American and British forces prepare to defend a sovereign and oil-rich Gulf nation against unwilling occupation, the terror is all too real. The world is once more balanced on the knife-edge of a full-blown nuclear confrontation. Hawke must once more prepare to hurl himself deep into the nightmare visions of madmen. He must garner every ounce of strength, courage, and useful pain from his past. He must defeat this enemy or else forfeit the lives of untold thousands, including his own, to an axis of evil no historian could have ever predicted. Packed with unrelenting action, glamour, and high style, and featuring the spectacular Alex Hawke, who time and again transports readers to the edge of danger, *Pirate* is a spell-binding thriller. Be prepared for Alex Hawke's most daunting and heart-pounding mission yet. Here is an author who gets you in the palm of his hand...and then clenches his fist!

Forget getting older gracefully--This is the beauty and style bible every woman has been waiting for!HOW NOT TO LOOK OLD is the first--ever cheat sheet of to-dos and fast fixes that pay-off big time--all from Charla and her friends, the best hair pros, makeup artists, designers, dermatologists, cosmetic dentists and personal shoppers in the biz. Packed with eye-opening details on hair color, brows, lipstick, wrinkle-erasers, jeans, shapewear, jewelry, heels, and more, the book speaks to every woman: from low maintenance types who don't want to spend a fortune or tons of time on her looks to high maintenance women who believe in looking fabulous at any price. There's also too-old vs. just-right before and after photos, celebrity examples of good and bad style, shopping lists of Charla's brilliant buys in fashion and beauty products, coveted addresses of "Where the top beauty pros go," fun sidebars--and more. Known to national audiences from her ten years on NBC's Today show, style expert Charla Krupp dishes out her secrets in this "ultimate" to-do list for looking hip and fabulous -- no matter what your age.

"MIDDLE AGE BEAUTY: Soulful secrets from a former face model living Botox free in her forties," features insightful interviews with experts on psychology, health and meditation. While sharing her own first-hand account of how she discovered these tips in her early days as a model in Los Angeles, Machel also shares her vulnerable moments as a woman. This book confronts the acceptance of face fillers and asks the reader to embrace their soul, health and beauty before using synthetic methods to alter their natural self. Also find out: Why Botox can actually accelerate aging. Why you should be cultivating new friendships. Why women make better leaders than men. Why you should never lie about your age. What is the one-dollar wrinkle reducer you need to be toting in your purse? And why you should never stop dreaming at any age. Machel shares twenty years of her personal experience as a face model and actress for the foundation to these soulful secrets. Learn how to have more fun, develop new friendships and why you should think twice before leaving the house in your sweats ever again. Read this book to discover how to unlock the balance to health, soul and while embracing your own natural beauty.

Women today are facing so much uncertainty—about life and the future. The need to pivot is stronger than ever, but many of us feel powerless to change or simply don't know how to take that essential first step. For Lori Allen, business owner, breast cancer survivor, and star of TLC's *Say Yes to the Dress*: Atlanta, these vital life lessons are the inspiration for her new book. *Say Yes to What's Next* is more than just a guide for our best tomorrows, it's the beginning of a life-makeover movement for women of all ages. Lori Allen's advice stems from the ups and downs of her personal life: from building one of the biggest and busiest bridal megasalons in the country to navigating her position in the sandwich generation and caring for a husband battling cancer during her breast cancer diagnosis and treatment. Lori shares her life experiences with confidence, wisdom, and her signature humor to model how today's women—especially those of us approaching age fif-

ty and beyond—can live out the coming years as the best of our lives. Whether you're feeling invisible, ignored, or like your voice doesn't matter, or you're simply uncertain about what's next, Lori offers advice on what to do, what not to do, and how to see your way through the unexpected. In *Say Yes to What's Next*, Lori addresses crucial issues, such as how to pivot, embrace the unex-

pected, and live out your passion how to practice essential self-care that enriches your mind, body, and spirit how to make space for yourself and your priorities while still being a caring partner, parent, and friend how to maintain a close circle of girlfriends at every age and stage of life how to take charge of your money and

attain financial freedom and security *Say Yes to What's Next* is a life makeover and therapy session all in one, as Lori helps women from all walks of life shape their futures with confidence, style, and sass. This is your opportunity to get real with yourself, to give yourself the truest form of self-care by putting yourself first. Discover your potential by saying yes to what's next.