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So Happiest Baby invented SNOO, an innovative baby bed based on the 5 S's that helps calm babies and ease them into sleep. Parents especially love when it quickly calms babies for those 2 a.m. wakings!

About the Author. He is on the faculty of the USC School of Medicine and a fellow of the American Academy of Pediatrics. Dr. Karp's books and DVDs, The Happiest Baby on the Block, The Happiest Toddler on the Block, and The Happiest Baby Guide to Great Sleep, teach parents breakthrough techniques to reduce infant crying, boost sleep,...

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Sections and Chapters of Happiest Baby Guide to Great Sleep BookChapter 1: The Science of Sleep-Part 1: Sweet Sleep for Little Babies: Birth to Three MonthsChapter 2: The Early Days: Setting the Stage for Safe and Happy SleepChapter 3: Helping Your Baby Fall Asleep: Birth to Three MonthsChapter 4: Stretching Your Baby's Sleep - and Yours: Birth to Three MonthsChapter

#### Happiest Baby Guide to Great Sleep | Baby Sleep Books

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#### Happiest Baby Guide to Great Sleep - One House Schoolroom

The Happiest Baby Guide to Great Sleep Dr. Harvey Karp made doctors applaud and parents cheer with his brilliant solutions to centuries-old problems such as colic and tantrums.

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#### Using the 5 S's to Soothe a Crying Baby ... - Happiest Baby

The Happiest Baby book and Happiest Baby Guide to Great Sleep book must be purchased separately by the educator. Regular certification program - contains all training materials you need to complete the program for \$275 plus shipping & handling. Materials will be shipped to you via UPS or other standard carrier.

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The Happiest Baby class curriculum is presented to parents as a 1-3 hour course or on a 1:1 basis (for example, on home visits, WIC visits). Each parent or couple attending a class must receive a Parent Kit because they maximize success.

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#### The Happiest Baby Guide to Great Sleep: Harvey Karp ...

NPR coverage of The Happiest Baby Guide to Great Sleep: Simple Solutions for Kids from Birth to 5 Years by Harvey, M.d. Karp. News, author interviews, critics' picks and more.

#### The Happiest Baby Guide to Great Sleep : NPR

The "Happiest Baby" method Harvey Karp says the best way to calm your newborn and get him to sleep is by re-creating the noises, movement, and snug environment of the womb. And the "five S's" baby sleep strategy outlined in Karp's bestselling book, The Happiest Baby on the Block, is designed to do just that.

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