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The Oiling of America (part 1) - Life Enthusiast

Mary G. Enig, Ph.D. is an expert of international renown in the field of lipid biochemistry. She has headed a number of studies on the content and effects of trans fatty acids in America and Israel, and has successfully challenged government assertions that dietary animal fat causes cancer and heart disease.

By Mary G. Enig and Sally Fallon. For many years, maverick scientists have been warning of the health dangers from consuming partially hydrogenated vegetable oils, but this hasn't stopped the food corporations and authorities from promoting them.

AMERICAN PARTY PLATFORM (1856)The 1840s and 1850s saw an enormous increase in the numbers of European immigrants, Irish and Germans especially, arriving on American shores and settling in heavily populated urban areas. Many of these immigrants subsequently became active in local politics, much to the vexation of old-stock, "real" Americans.

For fifty years, big business, government agencies and medical organizations have campaigned deceptively against animal fats, meat, eggs, butter and other nutritious, traditional foods, leading to huge profits from the sale of toxic margarine, shortenings and liquid vegetable oils, and the foods that contain them. Scientific data contradicting current anti-animal fat public health policy was ...

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